

Week 1

ST DENYS MEMORY CAFÉ, St Denys Church Centre, SO17 2ND at 2 - 4pm on Tuesday 02/04/2024 for Chit Chat, Craft and Games

THORNHILL MEMORY CAFÉ, Medwell Ct. Community Centre, SO19 6JS, at 2 - 4pm on Tuesday 02/03/2024 for Time for a Cuppa, with the Solent Admiral Nursing Team

LORDSWOOD MEMORY CAFÉ, King's Church, 414 Coxford Road, SO16 5LL at 2 - 4pm on Wednesday 03/04/2024. Art based workshop facilitated by MAST Mayflower Engage, inspired by the performance "On the Beach"

WESTON MEMORY CAFÉ, Hope Centre, SO19 9JN at 2 - 4pm on Wednesday 06/03/2024 for a Friendly Chit Chat and Games with Sian and the nurseplus team

Week 2

LORDS HILL MEMORY CAFÉ, Lords Hill Church, at 1.30-3pm on Thursday 14/03/2024. To revisit the 1960's with guided chat from Pat with our Memory Box this month

Week 3

SHIRLEY MEMORY CAFÉ, Make & Brew Café, at 2 - 4pm on Monday 15/04/2024 for the chat, support and cakes

ASIAN FAMILY MATTERS, Vedic Society Temple Hall, SO14 0PS at 1pm to 3pm on Monday 15/04/2024 for a Friendly catch-up and advice from local healthcare professionals.

ST DENYS MEMORY CAFÉ, St Denys Church Centre, SO17 2ND at 2 - 4pm on Tuesday 16/04/2024. A bit of a sing song, along with the usual craft & activities and our Carers Corner

MAYBUSH MEMORY CAFÉ, Potters Court, SO16 4JA, at 2 - 4pm on Tuesday 16/04/2024 for A post card from... The Victorians led by SCC History Department

Week 4

SHOLING MEMORY CAFÉ, St Marys Church, at 1.30-3pm on Monday 22/04/2024 for Art based workshop facilitated by MAST Mayflower Engage, inspired by the performance "On the Beach"

LORDS HILL MEMORY CAFÉ, Lords Hill Church, at 1.30-3pm on Thursday 25/04/2024 for Art based workshop facilitated by MAST Mayflower Engage, inspired by the performance "On the Beach"

For more details contact Caraway on: T: 07535 164014 or E: caraway@caraway.uk.com



Our Memory Cafés supported by Caraway & the National Lottery

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