

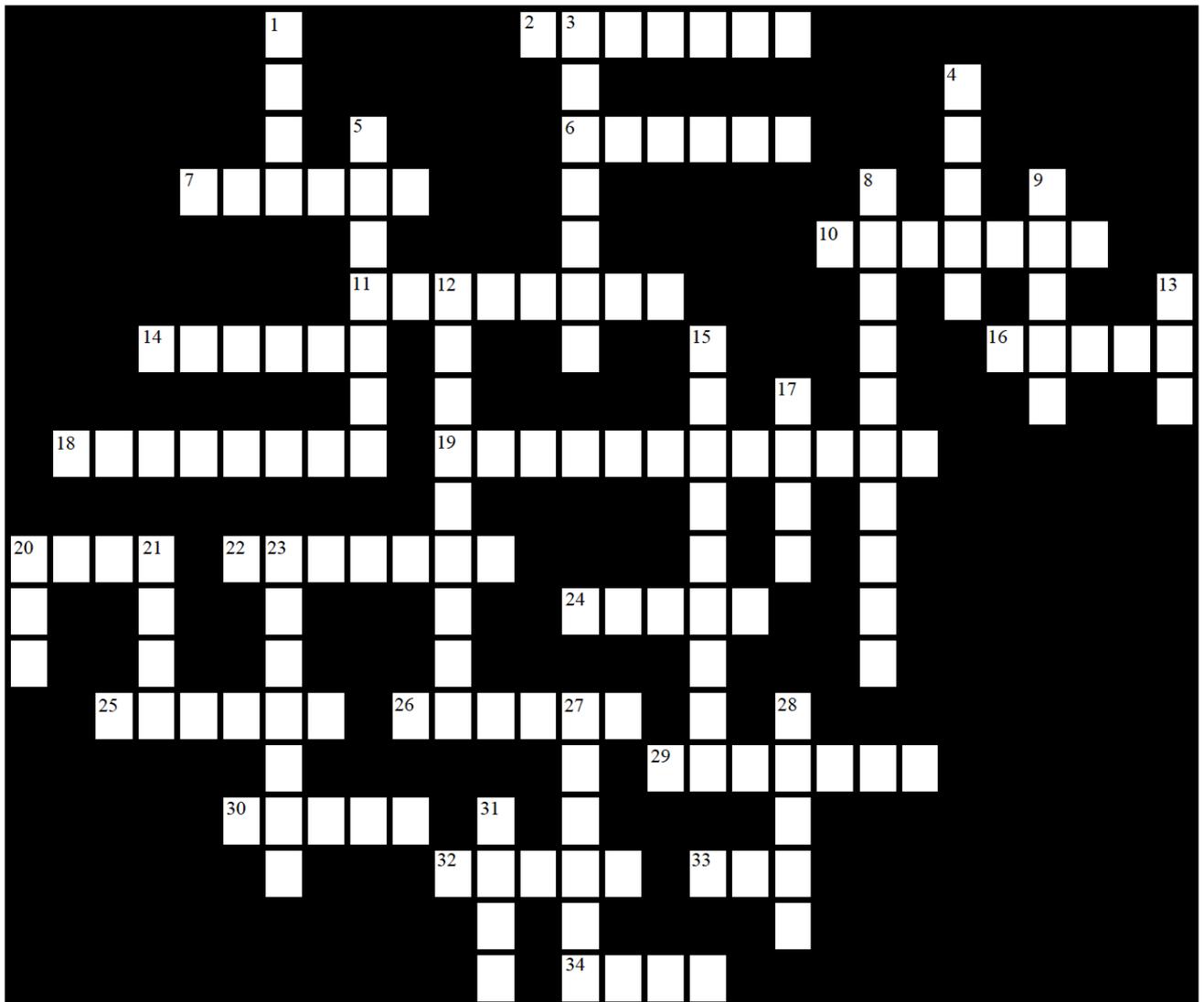
A Taste of Spring

Thursday 18th February 2021



Caraway
🌿

A Taste of Spring Crossword



ACROSS

- 2 Birds' energetic spring activity (7)
- 6 What flowers do in the spring (6)
- 7 Spring bank holiday (3,3)
- 10 First fruit of spring (7)
- 11 Early flowering tree (8)
- 14 Spring actors' award (6)
- 16 Spring best sellers (5)
- 18 Very early spring flower (8)
- 19 Popular spring holiday fair event (7,5)
- 20 Spring and run (4)
- 22 Spring away from an impact (7)
- 24 Spring bird and three wheeled car (5)
- 25 Spring back in horror (6)
- 26 Actual term for equinox in spring (6)
- 29 Spring climate activity (7)
- 30 Equestrian spring arrivals (5)
- 32 Spring baby (5)
- 33 Spring health attraction (3)
- 34 Spring back, as from a forceful thrust (4)

DOWN

- 1 Spring auto race (4)
- 3 Spring birthstone (7)
- 4 Farmyard arrivals in spring (5)
- 5 Ground does this in spring (5,2)
- 8 Early spring migrator (10)
- 9 Spring zodiac symbol (5)
- 12 Many seeds do this in spring (9)
- 13 Spring ahead hours in NYC (abbr.)
- 15 Starting date for spring (9)
- 17 To spring ahead (4)
- 20 Spring ahead clock (abbr.)
- 21 Occurs in spring during new and full moon king ____ (4)
- 23 Spring and fall event (7)
- 27 Spring at (6)
- 28 Fall back time (3,2)
- 31 Floral spring arrival (4)

A Taste of Spring Crossword

Answers

Across

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Nesting
Emerge
May day
Rhubarb
Magnolia
Oscars
Seeds
Snowdrop
Maypole dance
Dart
Rebound
Robin
Recoil
Vernal
Thawing
Foals
Arian
Spa
Kick

Down

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Indy
Emerald
Lambs
Warms up
Chiffchaff
Aries
Germinate
EST
Twentieth
Gain
DST
Tide
Equinox
Attack
Two am
Iris

QUIZ

A hint of Spring....

Can you complete these expressions which all contain Spring?
The clues may help...

1. A spring in one's _____ (It's a sign of eagerness)
2. A spring _____ (used by divers to gain extra height)
3. Spring _____ (Comes in further than usual)
4. Spring _____ (Chinese delicacy)
5. Fall back, Spring _____ (saying which helps to work out the time)
6. Spring _____ (very fashionable among Victorian ladies)
7. spring _____ (some like these in a salad)
8. spring _____ (tiny insect living in the soil)
9. Spring _____ (traditional Easter lunch)
10. Spring _____ (equal night and day)



Answers

1. A spring in one's STEP
2. A springBOARD
3. Spring TIDE
4. Spring ROLL
5. Fall* back, Spring FORWARD
6. Spring BONNET
7. spring ONIONS
8. springTAIL
9. Spring LAMB
10. Spring EQUINOX

* Fall in American English = Autumn

A Taste of Spring Quiz

1. Which **small white flowers** are among the first to emerge in the spring?
2. What day is **St Patrick's Day**?
3. Which date is the **first day of spring** according to the **Met Office**?
4. Before springtime and spring, what was the season known as using an **Old English word**
 - a. Epiphany
 - b. Advent
 - c. Lent
 - d. Pentecost?
5. On the first day of spring, the **hours of daylight and darkness** are equal. *True or false?*
6. Which spring flower is often associated with **Wales**?
7. In **Japan**, which type of tree commonly produces pink blossom in the spring?
8. The song *Younger than springtime* occurs in which Rogers and Hammerstein musical?
9. In Vivaldi's *Four Seasons*, **where does spring come** in when played in the correct order?
 - a. First
 - b. Second
 - c. Third
 - d. Fourth
10. **William Wordsworth** wrote a famous poem about daffodils. *True or false?*
11. What is the **date** for the UK Bank Holiday known as the **Spring Bank Holiday**?
12. If you lived in Australia, in what **month** would spring begin?
13. **Saffron** comes from which type of spring flower?
14. Why, in Spring, do some birds, especially **magpies**, swoop on people and moving objects.
 - a) More sunlight makes them aggressive
 - b) There are more people outside
 - c) Sprouting plants make them hungry
 - d) They want to protect their nests
15. Who was the Roman **goddess of spring** – Juno, Flora or Venus?

16. Can you **identify this little flower** from these clues?
I am shy; I live in the shade; my blooms are fine and small; my name is a colour, I am
17. Which blue flower of the genus Veronica is the **name of the ship** which started to accompany the *Mayflower* with the Pilgrim Fathers?
18. **Who wrote** the children's classic *The Secret Garden*?
19. Which type of **meat is especially popular** in the spring?
 a) Beef
 b) Chicken
 c) Lamb
 d) Pork?
20. My name means **noble white** and is familiar from a song.
21. Often described as the most **romantic flowers**, which flowers with long stems are typically sold by the dozen?
22. **Allergies increase** in spring, mainly due to
 a) Wetter weather
 b) Increase in pollen
 c) Decrease in vitamin
23. The anniversary of the death of which UK **prime minister** is commemorated as Primrose Day?
24. Who **wrote the music** for the ballet *The Rite of Spring*?
25. Which holiday does NOT occur in Spring
 a) Easter
 b) Mother's Day
 c) Father's Day?

Answers

| | | | | | |
|-----------------------|----|-------------------------|----|------------------------|---|
| lamb | 19 | True | 10 | Snowdrops | 1 |
| Edelweiss | 20 | 1 st May | 11 | 17 th March | 2 |
| roses | 21 | September | 12 | 1 st March | 3 |
| b: increase in pollen | 22 | crocus | 13 | c: Lent | 4 |
| Benjamin Disraeli | 23 | protect their nests | 14 | true | 5 |
| Igor Stravinsky | 24 | Flora | 15 | daffodil | 6 |
| Father's Day | 25 | violet | 16 | cherry | 7 |
| | | speedwell | 17 | South Pacific | 8 |
| | | Frances Hodgson Burnett | 18 | First | 9 |

Word Search Daffodils by W.Wordsworth

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | M | O | E | Q | S | H | U | A | S | S | E | R | S |
| H | I | G | H | O | W | H | C | U | O | C | O | P | E |
| O | R | N | N | T | D | E | L | K | N | I | W | T | E |
| S | P | I | H | I | L | L | S | A | O | A | N | D | L |
| S | F | R | Y | J | D | S | D | A | N | C | I | N | G |
| I | L | E | L | O | C | N | E | D | L | O | G | A | A |
| L | O | T | T | C | D | R | E | L | O | A | R | S | Z |
| B | A | T | H | U | E | R | O | R | A | O | A | U | E |
| R | T | U | G | N | E | T | E | W | E | V | M | O | D |
| E | S | L | I | D | O | F | F | A | D | V | T | H | O |
| E | D | F | R | A | P | E | N | S | I | V | E | T | E |
| Z | E | R | P | A | I | S | T | O | S | S | I | N | G |
| E | R | U | S | A | E | L | P | H | T | L | A | E | W |
| S | O | L | I | T | U | D | E | H | C | E | R | T | S |

| | | |
|------------|--------------|--------------|
| BLISS | GLEE | SPRIGHTLY |
| BREEZE | GOLDEN | STRECHED |
| COUCH | HILLS | TEN THOUSAND |
| CROWD | JOCUND | TOSSING |
| DAFFODILS | MARGIN | TWINKLE |
| DANCE | MOOD | VALES |
| DANCING | NEVER ENDING | WANDERED |
| FLOATS | PENSIVE | WEALTH |
| FLUTTERING | PLEASURE | |
| GAZED | SOLITUDE | |

Spring flowers -signs of hope

Once more, we are all confined to our homes during the new lockdown. However, spring flowers are a sign of renewal and hope for us. We may have been forced to slow right down but our wonderful creation never ceases renewing itself as the seasons come and go. Perhaps you are fortunate enough to be able to look out at a garden or even to go for a walk in the fresh air. Why not see what you can spot? Let's take a closer look at some favourites.

One of the very first to poke its tiny head through the soil is the **snowdrop**. Snowdrops come into bloom in January and flower til mid March. According to folk lore, the snow permitted the snowdrops to bloom at the end of winter and in colder climes snow, ice and snowdrops are able to exist side by side quite like friends. The nodding white flowers on a single, delicate green stem typically form clumps. Nowadays we think of the snowdrop as being a native English species, but in fact snowdrops were brought to Britain from mainland Europe by the Romans. They are toxic to both animals and humans. The main meaning associated with the snowdrop on account of its pure white colour is purity and innocence, and many years ago on Candlemas, 2 February, which is associated with the Virgin Mary, young girls in Yorkshire villages would gather snowdrops and wear a bunch as a sign of their purity. In current times snowdrops also symbolise new beginnings and hope for the future.



Close to clusters of pretty snowdrops we sometimes find crocuses in different shades of yellow and purple. The bright yellow flowers are generally evocative of joy and cheerfulness and they certainly raise our spirits. The purple ones stand for pride, success, and dignity.

Another flower in a variety of shades, from pale cream with a deep yellow 'eye' to bright purples and pinks is the **primrose**, which was once a common sight in our hedgerows. Primroses provide an early source of nectar for bumble bees. As they bloom in the spring, they are said to represent youth and new birth.



And we certainly must not forget the tiny **violets** hidden among the foliage at our feet. These little purply blue flowers with heart shaped leaves represent love on account of their appearance, colour and fragrance. Indeed, violets are often used as an ingredient in perfumes. My grandmother recalled being gifted with posies of violets on Mothering Sunday which were as precious to her as any shop bought bouquet.



You are probably familiar with the poem by William Wordsworth about daffodils, but he also

wrote these lines in 1799 comparing his love to the violet. Here they are

*She dwelt among the untrodden ways
Beside the springs of Dove,
A Maid whom there were none to praise
And very few to love.
A violet by a mossy stone
Half hidden from the eye!
Fair as a star, when only one
Is shining in the sky.
She lived unknown and few could know
When Lucy ceased to be,
But she is in her grave and, oh,
The difference to me!*



A taller flower which makes stunning displays at the base of trees in ancient woodland is the **bluebell**. Almost half the world's bluebells are found here in the UK – they are actually quite rare elsewhere in the world. Perhaps you may have been to the woods at Hinton Ampner to enjoy the display of thousands of bluebells carpeting the floor? It is really important not to tread on bluebells as the leaves cannot photosynthesise and if trampled, quickly die through lack of food. In fact, it can take up to seven years for bluebell colonies to establish themselves. When you see them pushing up

through the leaf litter in their hundreds, it is hard to believe that bluebells are actually extremely fragile. Did you know that the larger Spanish variety has flower bells all around its stem and not just on one side, which gives our English plant its typical drooping head? If you plant bluebells in your garden, check that you have the English type, as the Spanish plant is much more vigorous and takes over from the more delicate English species. In fact, both blue and white bluebells are protected flowers and it is illegal to collect them from the wild. In Victorian times bluebells were given in bouquets as a symbol of undying love and unflinching devotion. Another meaning is humility, probably because of the way the bell shape hangs its head down. Have you ever come across these other names for bluebells: wild hyacinth, cuckoo's boots, lady's nightcap, and witches' thimble?!

Another tall flower to bloom early in the spring is the **daffodil**. They too are symbols of rebirth and hope, signifying new life and resilience as they are strong survivors even of winter storms. Perhaps you remember the enchantingly illustrated Flower Fairies books by Cicely Mary Barker, originally produced in 1923? Sadly, Cicely suffered from epilepsy and this prevented her going to school. Consequently she amused herself at home by drawing and painting. As a primary age child I had a daffodil dress made out of bright yellow crepe paper in imitation of the daffodil fairy, which I wore at a Sunday school event about the beauties of spring!



In our gardens and indeed in outdoor and indoor pots, pretty **cyclamen** come in a range of colours, some barely bigger than the violets and



crocus mentioned above, and others much larger in striking bold shades and mottled dark green foliage – they are so hardy they bloom throughout the winter and can really help keep our spirits up. Both indoor and outdoor cyclamen like a couple of hours of natural sunlight each day but they do not thrive in overheated rooms, so try to find a sunny, well ventilated spot but out of a draught and not near a radiator. Wilting can be due to overheating. When you are watering, it is

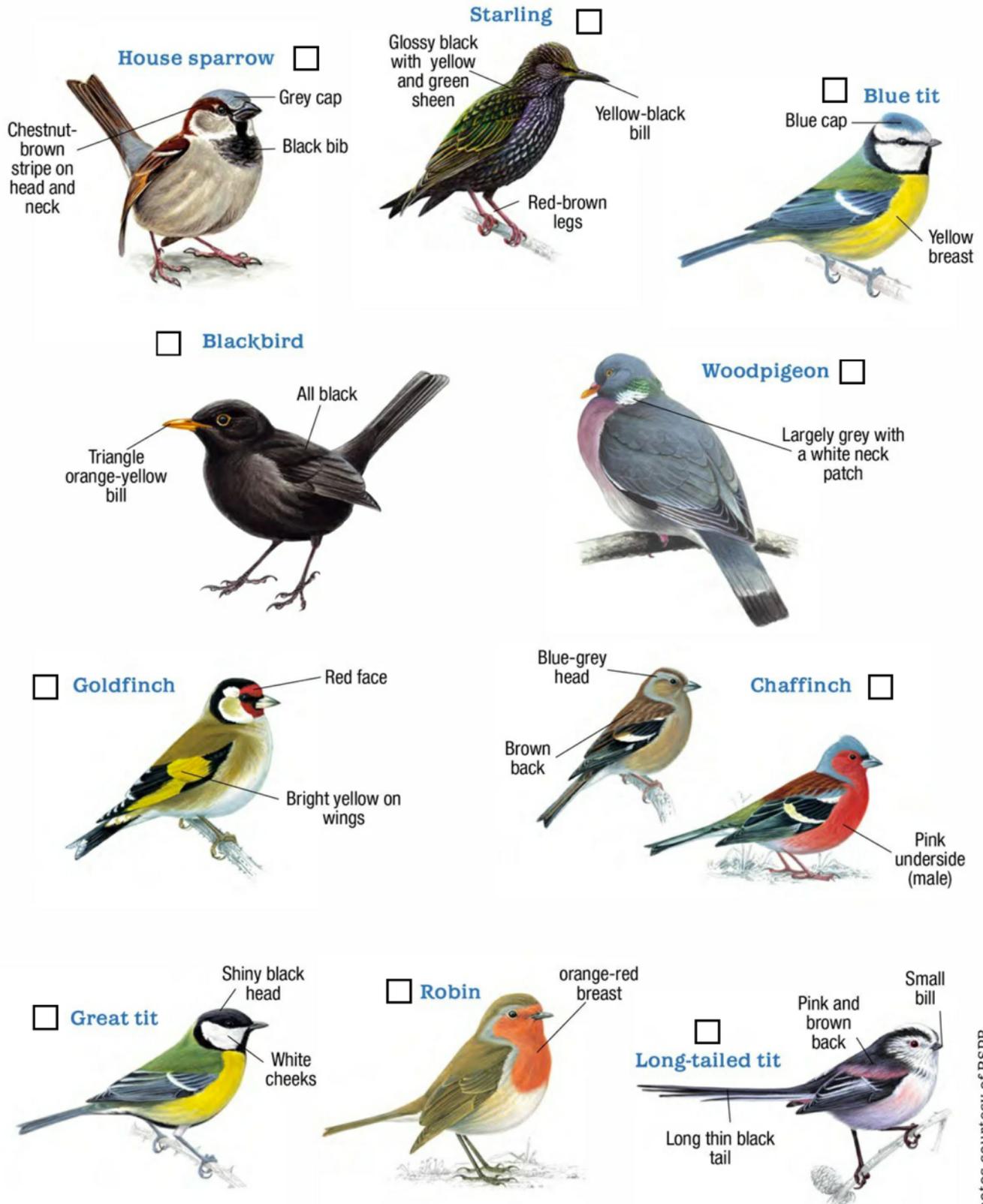
best not to get the flowers and foliage wet, but just moisten the soil, as cyclamen have a tendency to rot. Water only when the soil is dry to the touch and if you do not have a long-spouted watering can, then place your pot on a saucer and let the cyclamen soak up the water for about two hours, before pouring away any excess. Don't overwater – one mistake that I have made! Did you know that cyclamen prefer to be taken outside at night or at least to a cool place? When the plant has finished flowering, the stems curl up, so gently remove the dead leaves and flowers. If you wish to keep your cyclamen until the following year and you are able to, move them outside to a shady area, a patio or balcony will be fine, and lay the pots on their sides. When you see them showing signs of fresh growth in late summer, you can replant them in fresh indoor pots and enjoy their colour once again.

Matthew's Gospel tells us that when Jesus' friends were, like us, feeling overwhelmed and anxious, He pointed to the common flowers around and said, 'Remember the lilies of the field, they spin not, neither do they reap. Yet not even Solomon in all his glory was arrayed like one of these So do not worry.' So as we ponder the wonders of creation which reappear year after year, let us take hope and trust in Jesus' words. God is faithful and will never give up on us.



Can you spot these birds in your garden?

Perhaps you would like to tick off each one you see



How to make a simple bird treat

What you will need :-

- Good quality bird seed
- Raisins
- Peanuts (unsalted)
- Grated cheese
- Suet or lard
- Yoghurt pots
- String
- Mixing bowl
- Scissors



Step-by-step guide

1. Carefully make a small hole in the bottom of a yoghurt pot. Thread string through the hole and tie a knot on the inside. Leave enough string so that you can tie the pot to a tree or your bird table.
2. Allow the lard to warm up to room temperature, but don't melt it. Then cut it up into small pieces and put it in the mixing bowl.
3. Add the other ingredients to the bowl and mix them together with your finger tips. Keep adding the seed/raisin/cheese mixture and squidding it until the fat holds it all together.
4. Fill your yoghurt pots with the mixture and put them in the fridge to set for an hour or so.
5. Hang your bird cakes from trees or your bird table and watch for hungry visitors.



Important: Not suitable for those with nut allergies. Please note that bird seed, including peanuts bought for birds, is not suitable for human consumption.

Grow a bean plant

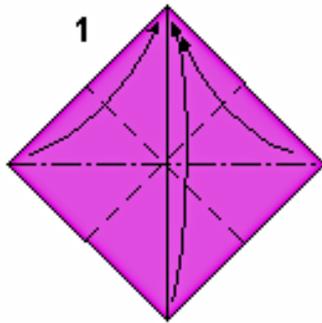


For this activity, you should have:

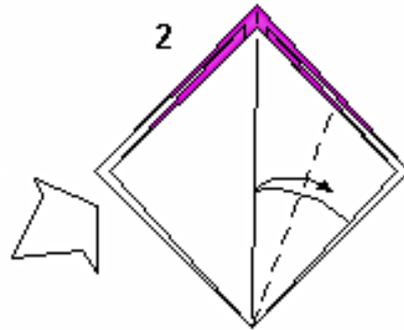
- A bean
- A jam jar
- A couple of sheets of kitchen towel

1. Soak your bean in some water for an hour.
2. Swirl some water round the inside of your jar, then tip most of it out, leaving about $\frac{1}{4}$ inch at the bottom.
3. Loosely crumple the kitchen towel and put it in the jar, with a bottom corner touching the water so the towel becomes damp (but not too wet).
4. Slip the bean seed between the towel and the glass so it is held no more than half way down.
5. Put the jar in a place where it will get plenty of light.
6. Use a plant spray or a teaspoon to give it a little water every day as needed, enough to keep it damp but not wet.
7. Enjoy watching the germination as it grows roots and then leaves. When you have a little bean plant, if you wish you could plant it in a large pot with some soil, to give you beans later in the year.

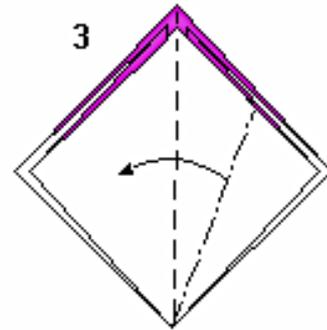
FLOWER



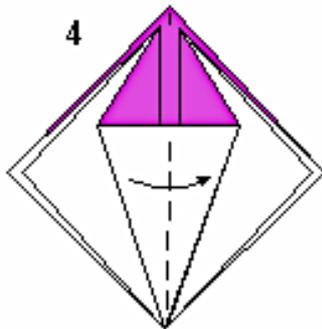
1
fold a preliminary base



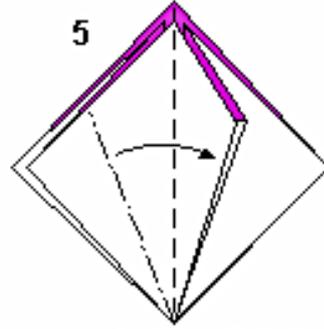
2
fold side to centre and return



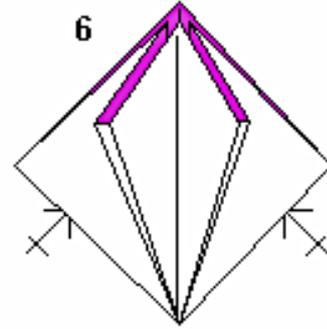
3
squash fold



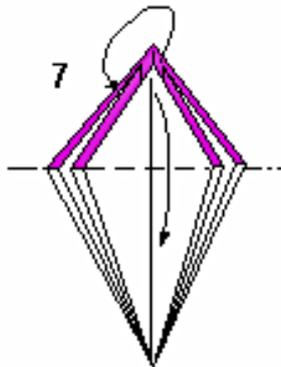
4
swing flap across



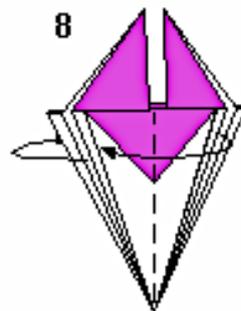
5
repeat steps 3 & 4 on other side



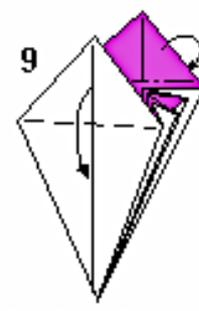
6
repeat steps 3 & 4 on rear flaps



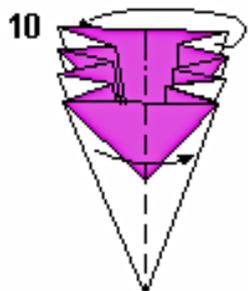
7
fold front and back tips down



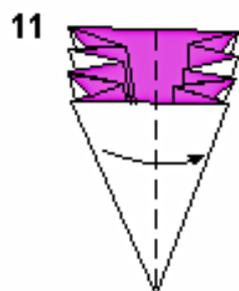
8
fold front and back flaps across



9
fold tips down



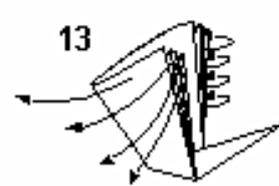
10
fold one flap across, repeat at back



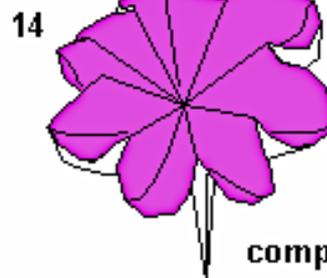
11
fold in half



12
inside reverse tip



13
peel off each layer and spread into flower

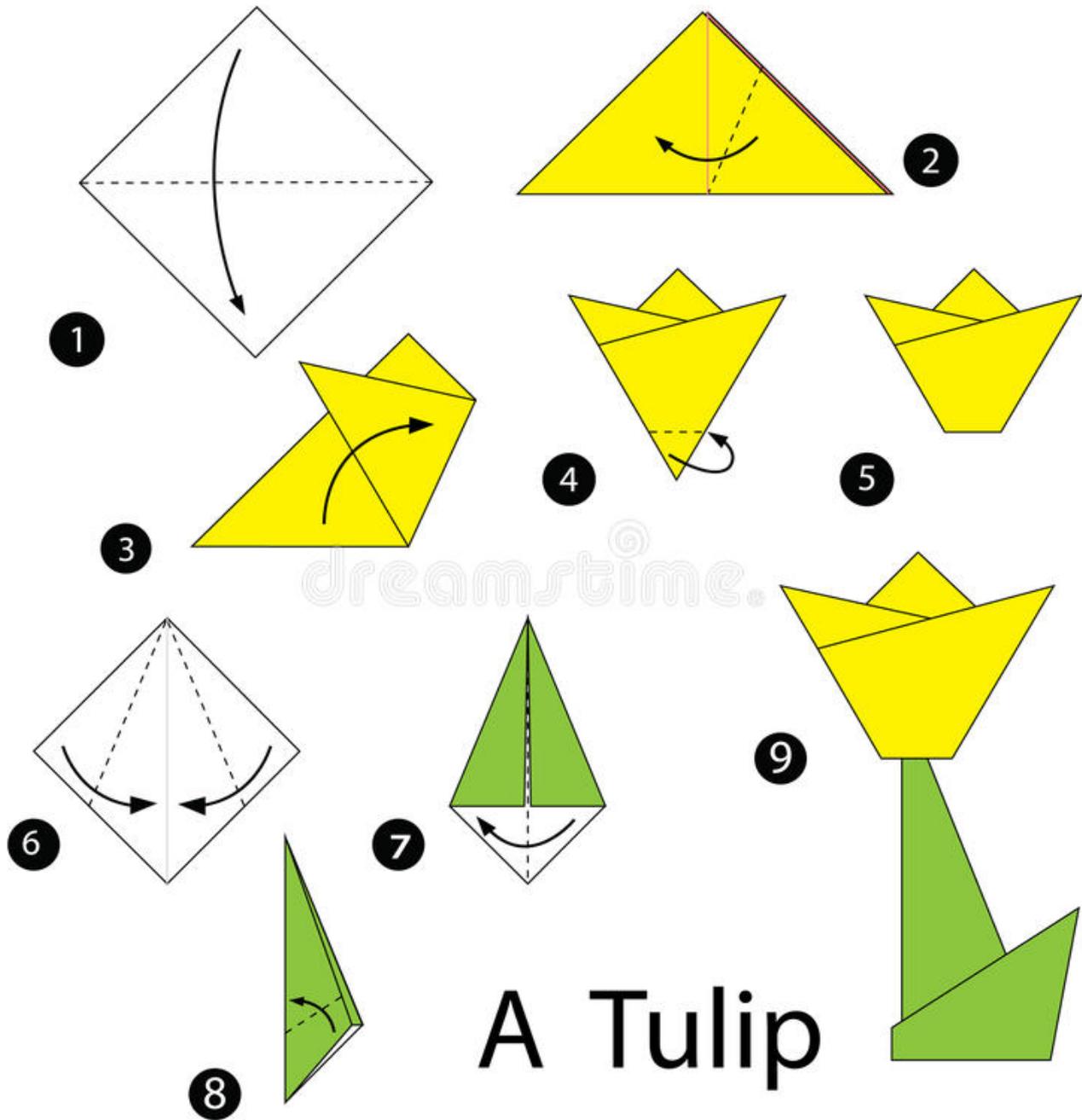


14
complete

traditional model diagrams © D.Petty

HAVE A GO AT ORIGAMI

You can use the sheets enclosed with this pack or some paper of your own. Here are two designs to get you started.



A Tulip

KNIT YOUR OWN DAFFODIL

What you will need...

- Total time - 6 Hours 30 minutes
- (Petals 4 hours, trumpet 1 hour, stem 1 hour, 30 minutes sewing up)
- 3.25mm & 4mm knitting needles (UK 10 & 8, US 3 & 6)
- Double knitting yarn - pale yellow and pale green
- Jumbo straw
- Ruler/ tape measure
- Sewing up needle
- Scissors



Abbreviations

K = Knit **P** = Purl **St** = Stitch **Sts** = Stitches

Inc = Increase - by knitting into the front and the back of the same stitch, to make two stitches out of one.

Dec = Decrease - by knitting two stitches together, making one stitch from two.

K2tog = Knit two stitches together at the same time as above (thereby halving your stitches).

Yrn = 'Yarn Over' - Loop the yarn around the end of your needle (under and over) to create a new stitch.

G-st = Garter stitch. Every row knit.

St-st = stocking stitch. Alternating a row of knit stitches (right side), with a row of purl stitches (wrong side).

Cast On - I use the thumb method

Cast off - K wise unless otherwise stated. US - bind off.

TOP TIP

Straws all vary - check your size first!

Straw length - measure the length of your straw and if need be, reduce the number of cast on stitches proportionately to make your stem the correct size. For example, for a standard straw you may wish to reduce the number of cast on stitches to around 50.

Straw width - this pattern is based on JUMBO-SIZED straws. For a standard straw you may wish to reduce the number of rows to around 7. An odd number will allow the piece to edge nicely when casting off. Check your knitted piece fits comfortably around your straw before casting off.

How to Make it...

Made up of six petals, one centre trumpet and the stem.

Make 6 Time - 40 mins each Size 6cm Needles 3.25mm Yarn Pale yellow

- Cast on 4 sts
- Next Row - Inc K-wise into every stitch (8 sts)
- Next row P.
- St-st 4 rows Inc 1 st at the start of every row (12 sts)
- St-st 6 rows
- St-st 8 rows Dec 1 st at the start of every row (4 sts) *
- St-st 8 rows Inc 1 st at the start of every row (12 sts)
- St-st 6 rows
- St-st 4 rows Dec 1 st at the start of every row (8 sts)
- K2tog to end
- Cast off



Centre Trumpet

Make 1 Time 1 hour Size 5cm Needles 3.25mm Yarn Pale yellow

- Cast on 8 sts
- First row P
- St-st 8 rows Inc 1 st into the first st of every row (16 sts)
- St-st 7 more rows
- Next row K2, then (yarn, K2tog) to the end
- Beginning with a K row, st-st 8 further rows.
- Continue in st-st a further 8 rows, Dec 1 st at the start of every row (7 sts).
- Cast off
- This finished open piece will be approximately 11cm.



Stem

Make 1 Time 1 hour Size 29 cm Needles 4mm Yarn Pale green

- Cast on 70 sts
- Beginning with a P row, st-st 9 rows.
- Cast off



Piece it all together

- Fold each petal in half and oversew row ends.
- Sew the six petals together at the cast on/cast off edges. They will overlap - placing them together as two sets of three looks nice.
- Fold over the centre trumpet at the 'yarn' detailing and oversew row ends to form the trumpet shape.
- Sew trumpet to centre of the six petals.
- Place the stem piece around your straw, while sewing together cast on and cast off stitches of stem to form the tube shape.
- Pop in a nice vase with some tissue paper at the bottom for added decoration!

Make it Different!

* If short on time - garter stitch the petals. Although not as smooth or thick, it will drastically reduce the time. Just cast off at the * on the petal pattern to make it single thickness.

Cut out more time! Consider using a green straw or even a brightly coloured one for contrast, instead of the knitted stem.

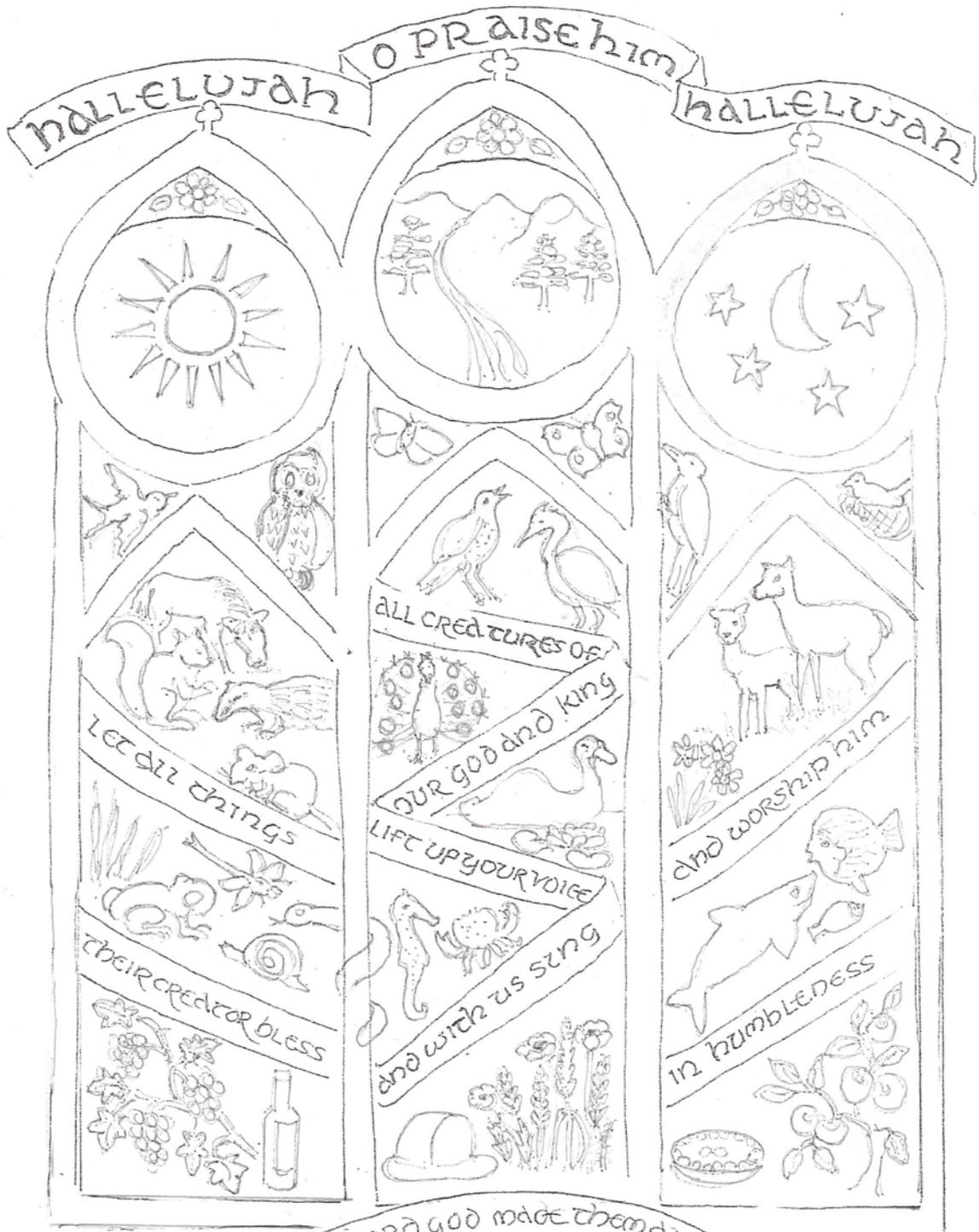
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HALLELUJAH O PRAISE HIM HALLELUJAH



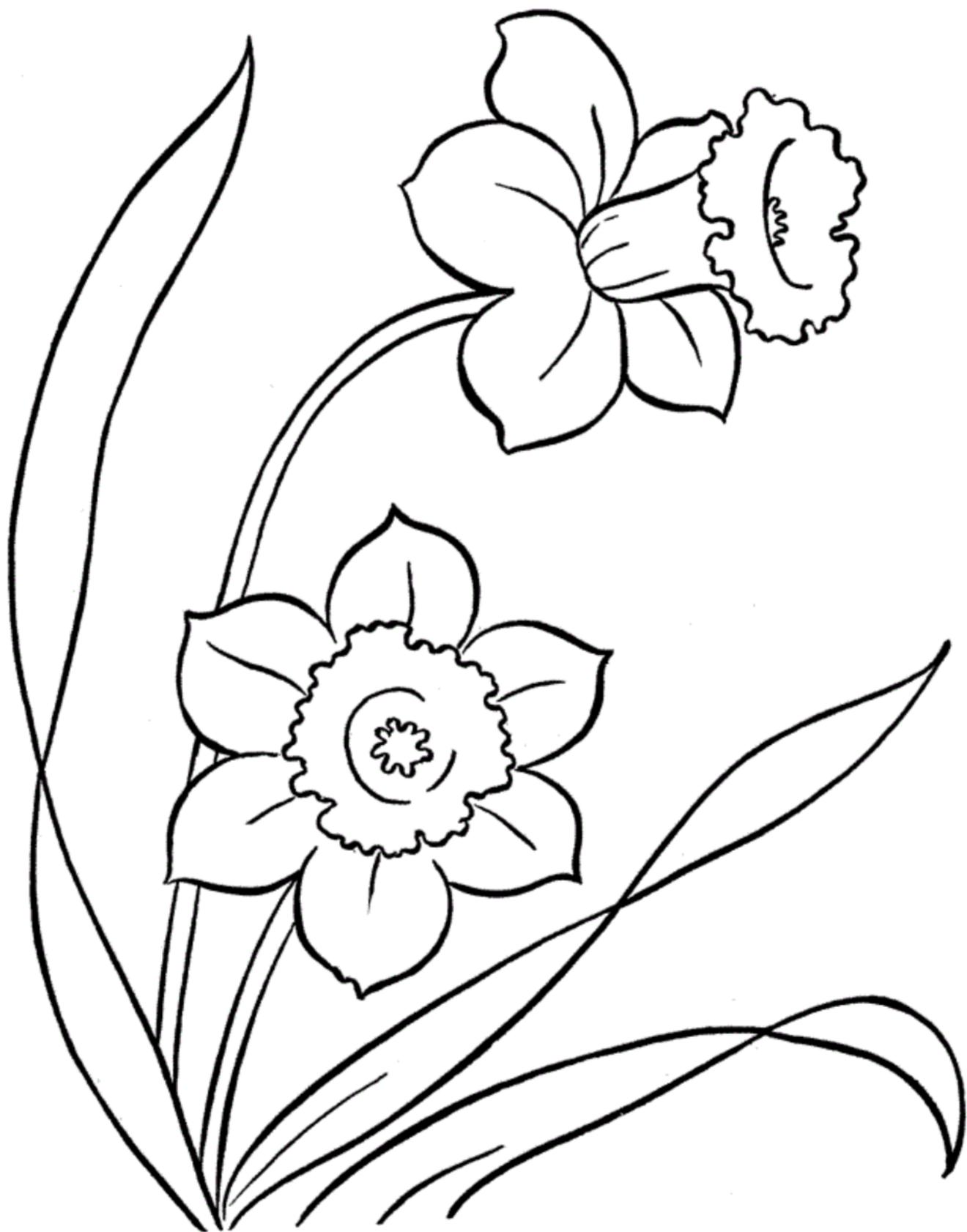
all things bright and beautiful





ALL THINGS BRIGHT AND BEAUTIFUL









Daffodils

by William Wordsworth



I wandered lonely as a cloud
That floats on high o'er vales and hills,
When all at once I saw a crowd,
A host, of golden daffodils;
Beside the lake, beneath the trees,
Fluttering and dancing in the breeze.

Continuous as the stars that shine
And twinkle on the milky way,
They stretched in never-ending line
Along the margin of a bay:
Ten thousand saw I at a glance,
Tossing their heads in sprightly dance.

The waves beside them danced, but they
Out-did the sparkling waves in glee:
A poet could not be but gay,
In such a jocund company:
I gazed' and gazed' but little thought
What wealth the show to me had brought:

For oft, when on my couch I lie
In vacant or in pensive mood,
They flash upon that inward eye
Which is the bliss of solitude;
And then my heart with pleasure fills,
And dances with the daffodils.







If you would like more information on Caraway or would value some prayer or a chat with one of our team please ring or email:

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