



VINTAGE ADVENTURE

Ⓐ HOME

TIME & ETERNITY

 highfield.church



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With our best wishes

Messy Vintage

from The Bible Reading Fellowship 

Dear Vintage Adventure Friends,

*“He has made everything beautiful in its time.
He has also set eternity in the human heart;
yet no one can fathom what God has done from beginning to end.”
Ecclesiastes 3:11*

As we think this month about the theme of ‘Time and Eternity’, this verse is a good place to begin. Not only has God created our world and our time in this world to be beautiful, but he has set eternity in our hearts. It encourages us to enjoy the present moment, celebrating all that is precious and good in our lives, whilst trusting God for our eternal future! Our worship and reflections will help us ponder some of the mystery of time, our place in time and how we use the time that God has blessed us with.

I wonder if you’d heard of ‘Kairos’ time; these are moments in time appointed by God, moments that are pregnant with possibility, moments that are to be embraced and moments when we can discover more of God’s plans and purposes for our lives. Perhaps the most life changing Kairos moment was the life, death and resurrection of Jesus, a moment in time described as a ‘cosmic collision of the sacred and secular’, a moment that changed all of time and continues to bring new hope and change lives of those who recognise God’s Kairos intervention through Jesus.

Kairos moments bring us new possibilities. Perhaps today we can be open to recognising them in our own lives; a kind word that brings a new perspective, the sound of laughter amidst our tears, the unexpected fragrance of summer blossom – God wants to surprise us with Kairos moments that just might change our lives if we’re watching and waiting!

In our pack we’ve also included activities that we hope will encourage you to think about your place in time, as you complete your family tree on the picture provided, reminding us that God has been our refuge throughout the ages and prompting us to pray for the future generations:

*Even when I am old and grey,
do not forsake me, my God,
till I declare your power to the next generation
Psalm 71: 18*

Enjoy colouring in the background to the verse from Psalm 136, which illustrates either God’s love coming from a long distance in the past or disappearing into an infinite future. We are reminded that wherever you are on the road LOVE is there; take time perhaps to meditate on this astounding truth as you fill in the words. And have fun making cupcakes and add your favourite time with the chocolate beans provided!

And of course, in Southampton we have our own claim on time with the Civic Centre Clock which chimes Isaac Watts, “Oh God, our help in ages past”, a reminder in our time of God’s faithfulness over time. We hope that as you spend time with this month’s Vintage Adventure @ Home, that God will meet with you, encourage you and remind you of His eternal love and hope

With every blessing

Erica and the Caraway Team
City Chaplain for Older People

WORSHIP

TIME AND ETERNITY



In the beginning God created time for his creatures to live in, to give us a rhythm to live by. We are all governed by time and eternity awaits us.

Prayer

Give us the wisdom and grace to use aright the time that is left to us here on earth, may we follow Jesus in the way that leads to eternal life.

The Hymn 'O God our help in ages past', is known as Southampton's hymn. It was written by Isaac Watts in 1708 and is based on Psalm 90. The Civic Centre clock chimes the hymn every four hours. He was born in Southampton.

The first verse of this hymn tells us of hope that God has been with us in the past and will be in the future through all difficulties and that He is our eternal Father.

O God, our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home;

Scripture

Hebrews chapter 12 verse 5 *Never will I leave you, never will I forsake you*

God never promised us a life without difficulties. He didn't even spare his own son's suffering, but the re-assurance of God's presence always with us I find is so comforting.

Prayer

We thank you Heavenly Father that all your promises are true, they are Yes and Amen.

The second verse of this hymn says that our defence is sure, it speaks about protection.

Under the shadow of thy throne
Thy saints have dwelt secure;
Sufficient is thine arm alone,
And our defence is sure.

Scripture

Psalm 18 verses 30-32

This God – how perfect are His deeds! How dependable His words! He is like a shield for all who seek His protection. The Lord alone is God; God alone is our defence. He is the God who makes me strong, who makes my pathway safe.

The hymn 'What a friend we have in Jesus' says 'O' what peace we often forfeit, O what needless pain we bear all because we do not carry everything to God in prayer.

Prayer

Lord you know our difficulties before we do, we claim your promises to help and defend us on every side.

Then verses three and four are about the unchangingness of God. He is always faithful. Before the hills in order stood He created a beautiful world and he created time so we would have order and stability in our lives, day and night and seasons of the year.

Before the hills in order stood,
Or earth received her frame,
From everlasting thou art God,
To endless years the same.

A thousand ages in thy sight
Are like an evening gone,
Short as the watch that ends the night
Before the rising sun.

Scripture

Genesis 1 verses 3-5

And God said, "Let there be light," and there was light. God saw that the light was good, and he separated the light from darkness. God called the light "Day", and the darkness he called "Night". And there was evening, and there was morning – the first day.

Prayer

Dear Lord help us to live each day in your light in order to show your light to others.

Verses three and four look towards the future, that time will pass, but that God continues to be our help, hope and defence, and will bring us to our eternal home.

Eternity is difficult to imagine but we have God's re-assurance that it will be a place of song and praise together with the angels.

Scripture

John 14 verses 1-3

"Do not let your hearts be troubled. Trust in God, trust also in me. In my Father's house are many rooms; if it were not so, I would have told you. I am going there to prepare a place for you, I will come back and take you to be with me that you also may be where I am."

Final Prayer

Lord, now lettest thou thy servant depart in peace according to thy word. For mine eyes have seen thy salvation; Which thou hast prepared before the face of all people; To be a light to lighten the Gentiles and to be the glory of thy people Israel. Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

A MOMENT IN TIME

Have you ever considered how a decision made in a moment of time can shape our future and affect the rest of our lives? Perhaps that is in accepting a job offer, which may have included moving to a different area and meeting a whole new set of friends you would never have met otherwise.

A moment in time spent chatting with a dear friend can have a lasting effect too. Maybe they listened while you poured your heart out and gave reassuring advice which made all the difference to your day or even your life. After a busy day or just an anxious time, a moment spent in the presence of the Lord can make all the difference to the way we see things or even how we sleep. Just one moment in time can be so powerful and have such a lasting impact.

The story is told in the Bible of a Jewish Ruler named Nicodemus, who had a powerful encounter with Jesus. *He came to Jesus at night and said, "Rabbi, we know that you are a teacher who has come from God. For no one could perform the signs you are doing if God were not with him." Jesus replied, "Very truly I tell you, no one can see the kingdom of God unless they are born again."* Nicodemus asked how it could be possible for someone to be born when they are old for surely they can't enter their mother's womb to be born again!

Jesus answered, "Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit. Flesh gives birth to flesh, but the Spirit gives birth to spirit. You should not be surprised at my saying, 'You must be born again.' The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit." On speaking further with Nicodemus Jesus said *"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him. Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son."* John Chapter 3

It is an amazing concept isn't it? In one moment of time we are born into this world. At the time appointed for our birth we started our journey on planet earth.

The book of Ecclesiastes in the Bible says *"There is a time for everything, and a season for every activity under the heavens: a time to be born and a time to die"* and we know that to be true don't we? Whilst it was our parents who made all the preparations for our birth, we have the responsibility to make suitable preparation for where we will spend eternity. You see, each of us is a spirit being that has a soul and which lives in a body. When our body dies our spirit lives on. We then need to ask the question "where"? Jesus spoke to Nicodemus about being born of the Spirit of having a second birth.

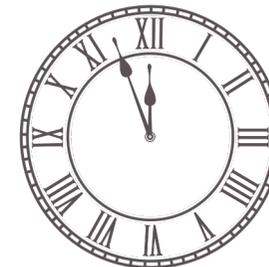
Have you ever considered being "born again" - of being born into God's family and becoming a child of God? In the Bible God says *"Today is the day of salvation"*. (2 Corinthians 6 v 2.) A moment in time can bring you peace with God and secure where you will spend eternity.

If you feel it is your time to think about the question of eternity, then here is a simple prayer you may like to pray:

**"Lord Jesus Christ, I am sorry for the things I have done wrong in my life.
I ask your forgiveness and now turn from everything which I know is wrong.
Thank you for dying on the cross for me to set me free from my sins.
Please come into my life and fill me with your Holy Spirit and be with me forever.
Thank you Lord Jesus, Amen."**

If you have said this prayer for the very first time, do let us know. God bless you.

***"No time like the present,
a thousand unforeseen circumstances
may interrupt you at a future time"***
(John Trusler, Proverbs Exemplified, 1790)



REFLECTION - MOMENTS

I wonder if some of you are rather like me – constantly thinking back to the past with regrets about this and that, or anticipating the future with some anxiety, and all the while missing the precious present moments?

My late brother Goff learned how to live day by day, moment by moment, and enjoy and be thankful for the moments granted to him. Even though the future was very uncertain, he became able to savour each moment as it came, and did not think back except in thankfulness. Nor did he worry about what was to come and what the following day might bring. Recalling Psalm 31 verse 15 he used to say, 'Our times are in His hands.' As dear Goff neared the end of his earthly life, he took great comfort in this and Jesus' promise, 'Lo, I am with you always, even to the end of the world.'

Here is a little poem written by Catherine Aldis, at a point when she was bed ridden and suffering very poor health. It is entitled 'Moments'. In it, Catherine reminds us that GOD has always been there, before the beginning of time, and that He remains for eternity, for yesterday, today and tomorrow, an unchanging certainty, on whom we can rely. In Hebrews 13 verse 8 we read, 'Jesus Christ is the same yesterday, today and forever.'

Moments

*From before the birth of time,
the conception of hours and days,
throughout all history, known, unknown
the pattern of all our ways,
You have been GOD,
Your sovereignty secure,
and You will still be GOD
tomorrow
and for evermore.*

Perhaps you have come across the saying, 'Let go, and let GOD.' To help us cope better with the stresses and strains of everyday life, Catherine encourages us to do our best to simply rest in GOD. Staying with the present moment, the 'here and now' is a skill which grows

easier with practice, so don't give up. As we grow older, we naturally slow down, and I have come to see this as a real blessing. It really can be good not to be in a hurry and not to let ourselves be hurried. Catherine goes on,

*So what if all You call me to,
is this:
to let You be GOD
in this particular moment,
this circumstance, this day?*

There is a passage in the Gospels in which Jesus tells us not to worry unnecessarily about the practical details of our lives but to trust Him. He cares for both our physical and our emotional and spiritual wellbeing. Psalm 37 verse 5 instructs us to 'Commit your ways to the LORD, trust in Him and He will direct your paths.' So let us be content to go step by step, enjoy what each day brings, and commit what is to come to GOD. He can handle whatever it is and promises to grant us the strength we need. Why not make Catherine's words your own?

*Then LORD,
I choose to leave the past behind,
and when I pray,
thrust all thoughts of the future
firmly into Your hands –
and I ask You, LORD,
to help me live
in moments.*

Moments by Catherine Aldis in Threads of Gold published by Kevin Mayhew Ltd 2002

ENJOY THE

~~~~~moment~~~~~

## **LORD, I HAVE TIME**

*(Michel Quoist)*

All men complain that they haven't enough time. It's because they look at their lives from too human a point of view. There's always time to do what God wants us to do, but we must put ourselves completely into each moment that He offers us.

*Be most careful then how you conduct yourselves: like sensible men, not like simpletons. Use the present opportunity to the full, for these are evil days. So do not be fools, but try to understand what the will of the Lord is. (Ephesians 5:15-17)*

I went out, Lord.

Men were coming out.

They were coming and going,

Walking and running.

Everything was rushing, cars, lorries, the street, the whole town.

Men were rushing not to waste time,

They were rushing after time,

To catch up with time,

To gain time.

Goodbye, sir, excuse me, I haven't time.

I'll come back, I can't wait, I haven't time.

I must end this letter - I haven't time.

I'd love to help you, but I haven't time.

I can't accept, having no time.

I can't think, I can't read, I'm swamped, I haven't time.

I'd like to pray, but I haven't time.

You understand, Lord, they simply haven't the time.

The child is playing, he hasn't time right now... Later on...

The schoolboy has his homework to do, he hasn't time...

Later on...

The student has his courses, and so much work, he hasn't time...

Later on...

The young man is at his sports, he hasn't time... Later on...

The young married man has his new house, he has to fix it up,  
he hasn't time... Later on...

The grandparents have their grandchildren, they haven't time...

Later on...

They are ill, they have their treatments, they haven't time...

Later on...

They are dying, they have no...

Too late!... They have no more time!

And so all men run after time, Lord.

They pass through life running - hurried, jostled, overburdened,  
frantic, and they never get there. They haven't time.

In spite of all their efforts they're still short of time,  
of a great deal of time.

Lord, you must have made a mistake in your calculations.

There is a big mistake somewhere.

The hours are too short,

The days are too short,

Our lives are too short.

You who are beyond time, Lord, you smile to see us fighting it.

And you know what you are doing.

You make no mistakes in your distribution of time to men.

You give each one time to do what you want him to do.

Be we must not lose time

waste time,

kill time,

For time is a gift that you give us,

But a perishable gift,

A gift that does not keep.

Lord, I have time,

I have plenty of time,

All the time that you give me,

The years of my life,

The days of my years,

The hours of my days,

They are all mine.

Mine to fill, quietly, calmly,

But to fill completely, up to the brim,

To offer them to you, that of their insipid water

You may make a rich wine such as you made once in Cana of Galilee.

I am not asking you tonight, Lord, for time to do this and then that,

But your grace to do conscientiously, in the time that you give me,  
what you want me to do.

## A MODERN VERSION OF PSALM 23

*Toki Miyamisha's version of Psalm 23, first broadcast May 1965.  
From A Box of Delights by J. John and Mark Stibbe. Monarch Books*

The Lord is my pace setter. I need not rush.  
He makes me stop and rest for quiet intervals.  
He provides me with images of stillness, which restore my serenity.  
He leads me in ways of efficiency through calmness of mind.  
His guidance is peace.  
Even though I have a great deal of things to accomplish every day,  
I will not fret, for his presence is here,  
his timelessness, his importance will keep me in balance.  
He prepares refreshment and renewal in the midst of activity  
by anointing my head with oils of tranquility.  
My cup of joyous energy overflows.  
Such harmony and effectiveness shall be the fruit of my hours,  
For I shall walk in the peace of the Lord  
and dwell in his company for ever.

## QUOTES ON TIME

*The following quotes come from Bursting at the seams by Killy John and Ali Stibbe. Monarch Books.*

Yesterday was history, tomorrow is a mystery, today is a gift of God. That is why it is called the PRESENT

The years of your life are less important than the life of your years. Anon

God has planted eternity in the human heart but even so, people cannot see the whole scope of God's work from beginning to end.

### Eternity is.....

keeping a smile on your face till the shutter clicks,  
Waiting for the road side emergency team to show up.  
Listening for the sound of the key at 2am  
Awaiting the result of a pregnancy test  
Looking for a motorway exit when you are heading in the wrong direction  
House training a new puppy  
The second hour of Monopoly

## AN ETERNAL PERSPECTIVE

*Billy Graham*

Whether preaching the gospel, teaching on how to deal with suffering, or commenting on his own mortality, Billy Graham always pointed his hearers to the reality of eternity. Here are 10 brilliant things he said about heaven:

1. "The moment we take our last breath on earth, we take our first in heaven."
2. "My home is in heaven. I'm just travelling through this world."
3. "One day you'll hear that Billy Graham has died. Don't you believe it. On that day I'll be more alive than ever before! I've just changed address."
4. "I've read the last page of the Bible, it's all going to turn out all right".
5. "We will be completely changed when we get to heaven – and so, too, will those we couldn't get along with while on earth. If God can make the lion and the lamb lie down together, we can trust him to take care of our fractured relationships as we enter our heavenly home."
6. "Knowing we will be with Christ forever far outweighs our burdens today! Keep your eyes on eternity!"
7. "The Bible says that as long as we are here on earth, we are strangers in a foreign land. There are enemies to be conquered before we return home. This world is not our home; our citizenship is in heaven."
8. "Heaven gives us hope – hope for today and hope for the future. No matter what we're facing, we know it is only temporary, and ahead of us is heaven."
9. "Believe that Christ died for you. He suffered for you. He won the battle over sin for you. He rose from the grave and was victorious over death so that you can live forever."
10. "The second coming of Christ will be so revolutionary that it will change every aspect of life on this planet. Christ will reign in righteousness. Disease will be arrested. Death will be modified. War will be abolished. Nature will be changed. Man will live as it was originally intended he should live."

## Isaac Watts

Four times an hour the chimes of the well known hymn *'Our God Our Help in Ages Past'* ring out from Southampton's Civic Centre clock tower. Across Commercial Road, in Watts Park, stands a statue put up in 1861 to commemorate the writer of this and so many other famous hymns still being sung today – Isaac Watts, father of English hymnody. He was born in Above Bar Street, Southampton in July 1674. His father, also Isaac Watts, had been jailed twice for his beliefs but the climate of religious tolerance improved in 1688 with the Declaration of Indulgence and Isaac Senior became a deacon in the new Congregational Church in Above Bar.



As well as the statue there are other local memorials for the writer of other hymns such as *When I survey the wondrous cross* and *Jesus shall reign*. In Winchester Road, Shirley, stands the Isaac Watts Memorial Church and there is a plaque in Vincent's Walk recording the site of the Watts Memorial Hall, demolished by enemy action in World War II.

Here are the words of the famous hymn based on Psalm 90. In 1738 John Wesley changed the first line from *Our God* to *O God* and both versions remain in use today.

1 O God, our help in ages past,  
Our hope for years to come,  
Our shelter from the stormy blast,  
And our eternal home;

2 Under the shadow of thy throne  
Thy saints have dwelt secure;  
Sufficient is thine arm alone,  
And our defence is sure.

3 Before the hills in order stood,  
Or earth received her frame,  
From everlasting thou art God,  
To endless years the same.

4 A thousand ages in thy sight  
Are like an evening gone,  
Short as the watch that ends the night  
Before the rising sun.

5 Time, like an ever-rolling stream,  
Bears all its sons away;  
They fly forgotten, as a dream  
Dies at the opening day.

6 O God, our help in ages past,  
Our hope for years to come,  
Be thou our guard while troubles last,  
And our eternal home.

## IT'S ABOUT TIME!

Have you time to do a QUIZ about time?  
Try fitting the right words into the blanks in these verses

before ..... everlasting ..... everlasting seasons      future  
tomorrow ..... a little while      days      tomorrow ..... day  
thousand years ..... day ..... night      time ..... day  
right time      yesterday ..... today ..... forever  
day ..... night      set time      day ..... a thousand years (twice!)  
times      in advance      present time ..... hour  
day ..... hour      time ..... season  
time ..... eternity ..... beginning ..... end      beginning

1. **2 Peter 3:8** But do not forget this one thing, dear friends: With the Lord a \_\_\_\_\_ is like a \_\_\_\_\_, and a \_\_\_\_\_ are like a \_\_\_\_\_.
2. **Ephesians 5:15-16** Be very careful, then, how you live - not as unwise but as wise, making the most of every opportunity, because the \_\_\_\_\_ are evil.
3. **James 4:14** Why, you do not even know what will happen \_\_\_\_\_. What is your life? You are a mist that appears for \_\_\_\_\_ and then vanishes.
4. **2 Corinthians 6:2** In the \_\_\_\_\_ of my favour I heard you, and in the \_\_\_\_\_ of salvation I helped you.
5. **Ecclesiastes 3:1** There is a \_\_\_\_\_ for everything, and a \_\_\_\_\_ for every activity under the heavens.
6. **Ecclesiastes 3:11** He has made everything beautiful in its \_\_\_\_\_. He has also set \_\_\_\_\_ in the human heart; yet no one can fathom what God has done from \_\_\_\_\_ to \_\_\_\_\_.
7. **Ephesians 1:9-10** He made known to us the mystery of his will according to his good pleasure, \_\_\_\_\_ which he purposed in Christ, to be put into effect when the \_\_\_\_\_ reach their fulfilment – to bring unity to all things in heaven and on earth under Christ.

- 8 **Ephesians 2:10** For we are God's handiwork, created in Christ Jesus to do good works, which God prepared \_\_\_\_\_ for us to do.
9. **Galatians 4:4** But when the \_\_\_\_\_ had fully come, God sent his Son, born of a woman, born under the law.
10. **Genesis 1:1** In the \_\_\_\_\_ God created the heavens and the earth.
11. **Hebrews 13:8** Jesus Christ is the same \_\_\_\_\_ and \_\_\_\_\_ and \_\_\_\_\_.
12. **Jeremiah 29:11** For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a \_\_\_\_\_".
13. **Joshua 1:8** Keep this Book of the Law always on your lips; meditate on it \_\_\_\_\_ and \_\_\_\_\_, so that you may be careful to do everything written in it. Then you will be prosperous and successful.
14. **Matthew 24:35-36** Heaven and earth will pass away, but my words will never pass away. But about that \_\_\_\_\_ or \_\_\_\_\_ no one knows, not even the angels in heaven, nor the Son, but only the Father.
15. **Proverbs 27:1** Do not boast about \_\_\_\_\_, for you do not know what a \_\_\_\_\_ may bring.
16. **Psalms 104:19** He made the moon to mark the \_\_\_\_\_, and the sun knows when to go down.
17. **Psalms 90:2** \_\_\_\_\_ the mountains were born or you brought forth the whole world, from \_\_\_\_\_ to \_\_\_\_\_ you are God.
18. **Psalms 90:4** A \_\_\_\_\_ in your sight are like a \_\_\_\_\_ that has just gone by, or like a watch in the \_\_\_\_\_.

19. **Romans 13:9b,11** Love your neighbour as yourself. And do this, understanding the \_\_\_\_\_: The \_\_\_\_\_ has already come for you to wake up from your slumber, because our salvation is nearer now than when we first believed.
20. **Romans 5:6** You see, at just the \_\_\_\_\_, when we were still powerless, Christ died for the ungodly.

Finished and checked your answers? Great!  
Why not ponder on some of these verses – there's so much to bless and encourage us in the truth of these words.

### IT'S ABOUT TIME! - ANSWERS

1. **2 Peter 3:8** But do not forget this one thing, dear friends: With the Lord a day is like a thousand years, and a thousand years are like a day.
2. **Ephesians 5:15-16** Be very careful, then, how you live - not as unwise but as wise, making the most of every opportunity, because the days are evil.
3. **James 4:14** Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes.
4. **2 Corinthians 6:2** In the time of my favour I heard you, and in the day of salvation I helped you.
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10. **Genesis 1:1** In the beginning God created the heavens and the earth.

11. **Hebrews 13:8** Jesus Christ is the same **yesterday** and **today** and **forever**.
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13. **Joshua 1:8** Keep this Book of the Law always on your lips; meditate on it **day** and **night**, so that you may be careful to do everything written in it. Then you will be prosperous and successful.
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16. **Psalms 104:19** He made the moon to mark the **seasons**, and the sun knows when to go down.
17. **Psalms 90:2** **Before** the mountains were born or you brought forth the whole world, from **everlasting** to **everlasting** you are God.
18. **Psalms 90:4** A **thousand years** in your sight are like a **day** that has just gone by, or like a watch in the **night**.
19. **Romans 13:9b, 11** Love your neighbour as yourself. And do this, understanding the **present time**: The **hour** has already come for you to wake up from your slumber, because our salvation is nearer now than when we first believed.
20. **Romans 5:6** You see, at just the **right time**, when we were still powerless, Christ died for the ungodly.



HIS  
STEADFAST  
LOVE  
ENDURES  
FOR  
EVER

PSALM 136

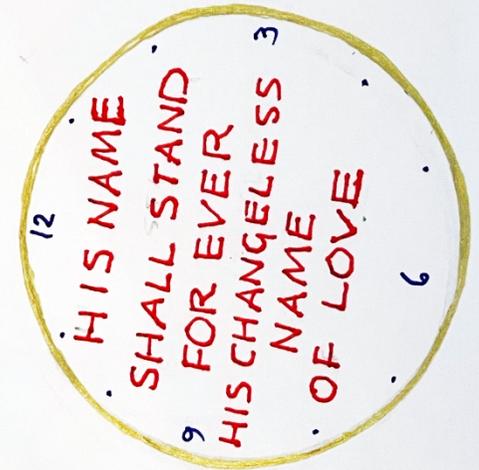
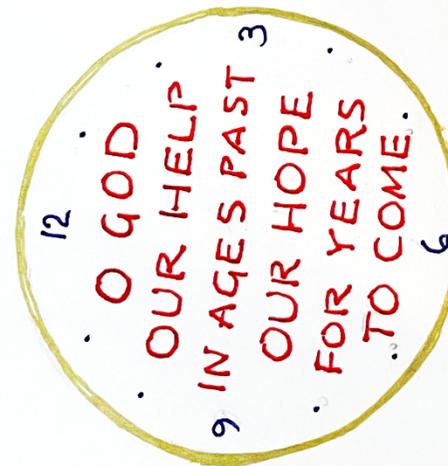
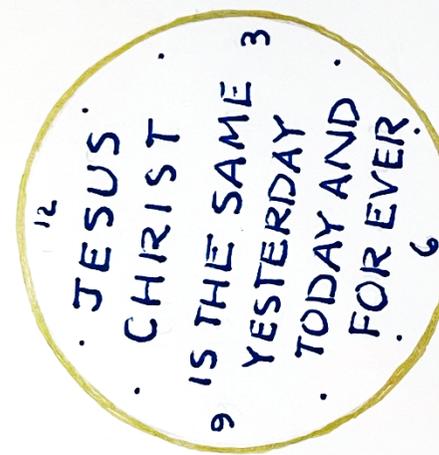
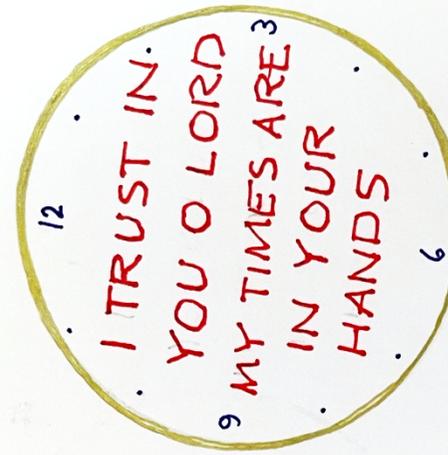


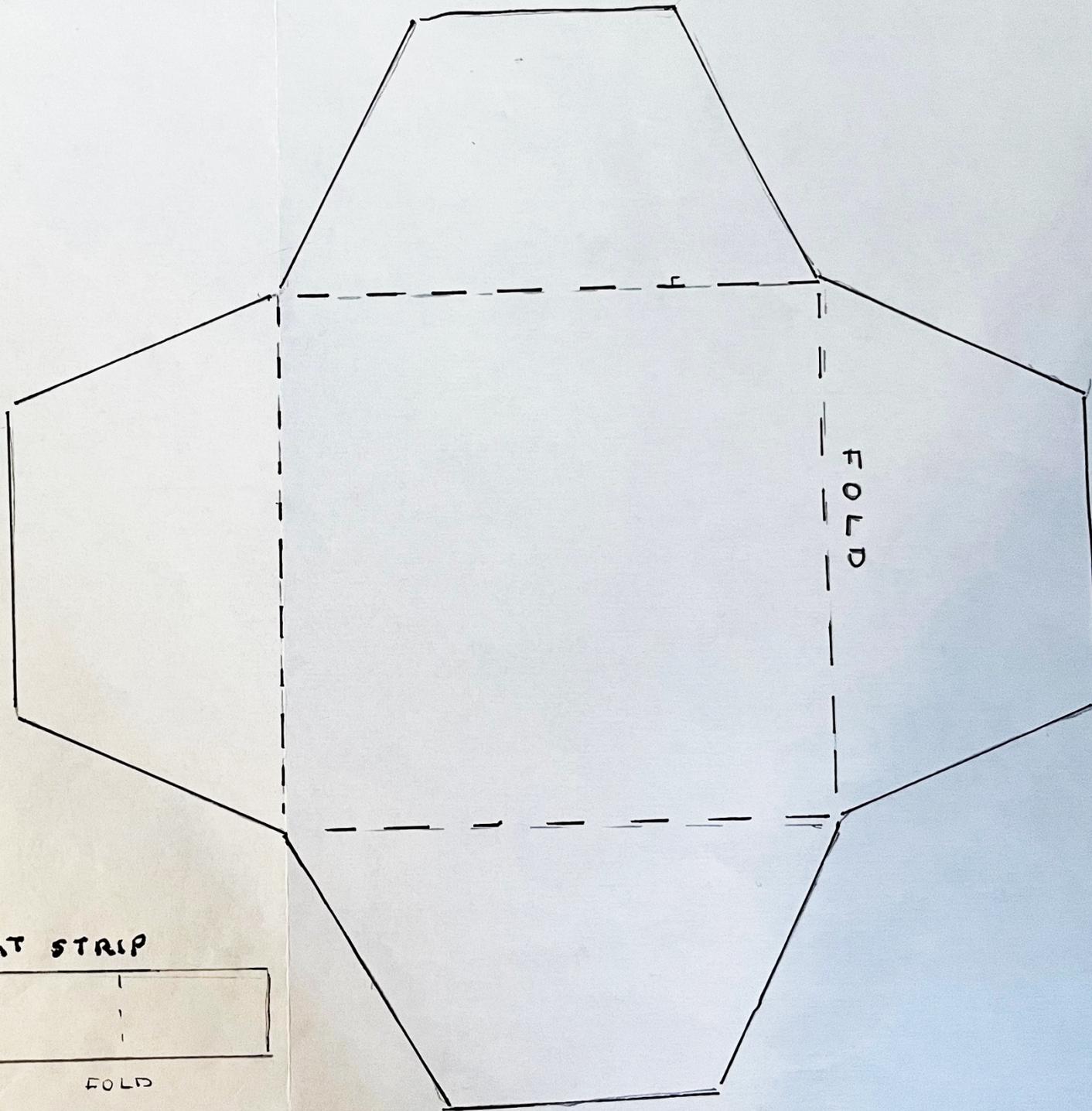
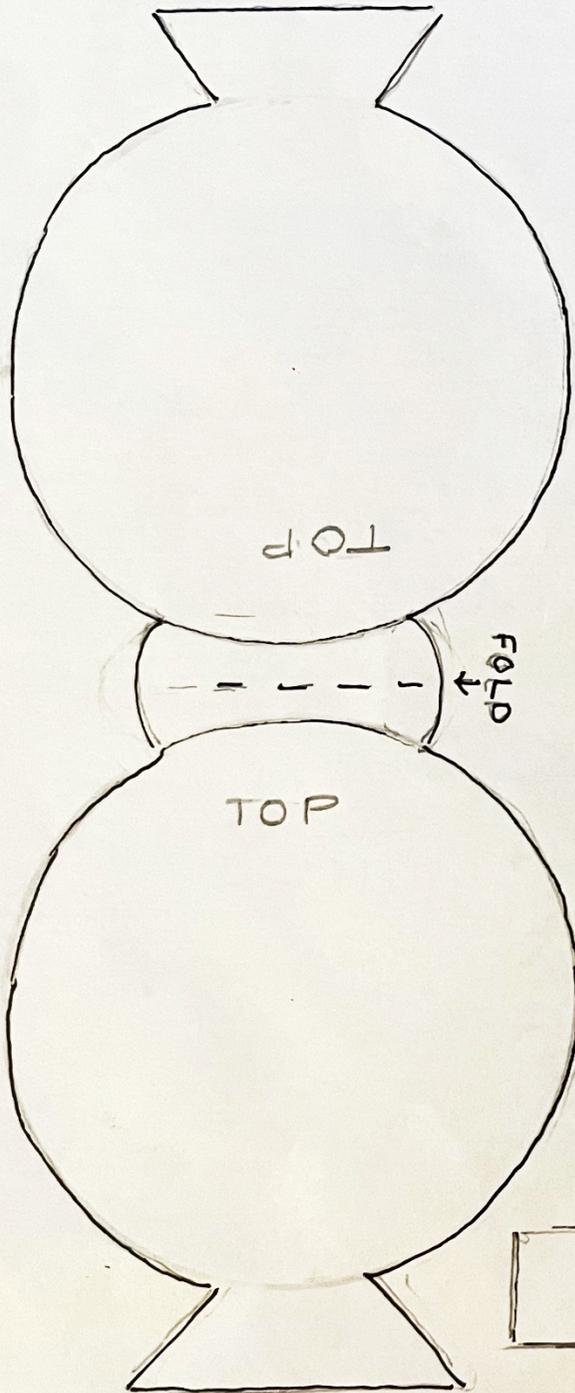
# Instructions for making your gift-clock

Yesterday was history, tomorrow is a mystery, today is a gift from God. That is why it is called THE PRESENT!



Cut out the envelope/pouch and fold each side upwards so that they meet. Cut out the 2-sided 'clock' loosely, fold and cut both halves at the same time so they end up equal, but do not cut through the fold at the top. Choose 2 'clock faces' that appeal to you from the 6 options, cut out carefully and stick onto each side of the 'clock'. You could even stick on 2 more on the inside faces. Attach about a third of the extra strip to the feet of the 'clock' to help it stand up (this is optional). Place the clock inside the 'envelope' and seal it with ribbon like a parcel. It is now ready to be posted or given to a friend.





# FAIRY CAKES



## Ingredients

- 100g caster sugar
- 100g very soft butter
- 100g self-raising flour
- 2 eggs
- 1 tsp vanilla extract

## For the icing

- 200g very soft butter
- 200g icing sugar
- food colouring, sprinkles, marshmallows etc

## Method

- Turn the oven on to 180C/160C fan/gas 4. Put a paper case in hole of a 12-hole bun tin.
- Put the sugar and butter (it must be soft or you won't be able to mix it properly) in a bowl and mix it together. Sift in the flour.
- Break the eggs into a separate bowl and add them to the bowl with the vanilla. Mix everything together.
- Divide between the cases using a spoon, scraping it off with a knife. Cook in the oven for 20 minutes.
- Mix the butter and icing sugar to make a creamy icing. Add colouring, if you like. Push an icing nozzle into an icing bag, then scoop in the icing.
- Let the cakes cool completely in the tray. Pipe icing onto each cake and decorate with the smarties included in this month's pack.

*Maybe you can lay the 12 cakes out as a clock face using the smarties for each number on the dial!*

## Wordsearch To everything there is a season Ecclesiastes 3:1-8

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | P | E | E | K | A | E | P | S | X | W | N | D |
| I | E | R | S | G | C | C | E | S | T | O | T | W |
| I | H | G | U | A | L | A | C | S | Y | R | A | D |
| L | R | R | E | F | R | A | I | N | W | H | M | D |
| E | G | P | Y | C | T | S | R | E | H | T | A | G |
| G | N | I | H | T | Y | R | E | V | E | N | S | B |
| S | I | N | E | A | I | P | S | A | C | N | I | U |
| C | C | R | T | J | A | V | R | E | S | G | L | I |
| O | A | U | T | O | D | D | I | H | N | O | E | L |
| N | R | O | B | N | O | L | N | T | Z | O | N | D |
| N | B | M | H | W | A | R | R | W | C | O | T | E |
| T | M | A | N | E | E | L | P | H | O | A | I | S |
| S | E | O | H | S | C | I | P | U | E | V | I | G |

|           |         |          |            |
|-----------|---------|----------|------------|
| ACTIVITY  | HEAVENS | SEASON   | BORN       |
| KEEP      | SILENT  | BUILD    | LAUGH      |
| SPEAK     | DANCE   | MOURN    | STONES     |
| EMBRACING | PEACE   | TEARDOWN | EVERYTHING |
| PLANT     | THROW   | GATHER   | REFRAIN    |
| UPROOT    | GIVE UP | SCATTER  | WEEP       |
| HEAL      | SEARCH  |          |            |

## CAN YOU DONATE TO HELP?

Vintage Adventure now goes out to over 230 households in Southampton and is now a big project!



There is a whole team of volunteers and staff who help put together our Vintage Adventure @ Home packs and we all love being able to create something we can send to you all each month. We are also pleased that we can offer this at no charge to you all.

However, we do pay to produce this pack, and as a charity we are dependent on gifts, donations and grants to fund our work and staff.

Can you or a friend donate either a one-off gift or a regular monthly donation to help us with our work?

If you pay Income Tax you can also Gift Aid your donation which means the government give us an extra 25% at no extra cost to you (ask us about it!)

To donate send a cheque payable to 'Caraway' to:  
Ros Simpson, Caraway, 59 Brookvale Road, Southampton, SO17 1QS

Or pay in direct to our Lloyds bank account:  
**Sort code:** 30-99-08 **Account number:** 23403660

Or go via our website, [www.caraway.uk.com/donate](http://www.caraway.uk.com/donate)

Or you can buy a **SoLotto Ticket**, for a Southampton wide lottery where local charities get 50% of the ticket price.

e. [caraway@caraway.uk.com](mailto:caraway@caraway.uk.com) t. 07535 164014 *Thank you for supporting us.*

*(fill in and return with your donation if you are able to Gift Aid)*

Name.....

Address with postcode.....

Tick here if you pay income tax and we can claim Gift Aid on your donation  
.....



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