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*With our best wishes*

Vintage Adventure

@ home

Saints past & present

Messy Vintage

from The Bible Reading Fellowship 

*Dear friends,*

*We hope you enjoy this month's Vintage Adventure pack, with its theme of Saints.*

*I wonder what the word saint brings to your mind? Do you think of our local football team or a statue in a church where you light a candle or perhaps holy men or women from time past or maybe someone of our own times like Mother Teresa?*

*I wonder how many saints you can name? Some who have feast days in November are St Martin, St Hugh, St Hilda, St Edmund, St Cecilia, St Catherine and St Andrew.*

*In this pack you will find some stories of saints and prayers that some of them wrote as well as our usual features, not forgetting the word search that is a favourite of many of you and of course a tea bag so that you can settle down with a cuppa.*

*The story is told of a little boy who, when asked what a saint was, thought of the saints he had seen in the stained glass windows of a church and replied, "They are the people through whom the light shines."*

*Mother Teresa encouraged people to "do small things with great love."  
So in the words of an old hymn:*

*"The saints of God are just folk like me  
And I mean to be one too."*

*We pray that you may be encouraged today.*

*God bless you.  
Love from Chris and all the Caraway team*

**O LORD, You know how busy I must be this day. If I  
forget You, do not You forget me.**

Sir Jacob Astley 1579-1652

## WORSHIP

### SAINTS, FAITH AND PRAYER

#### Opening Scripture

Ephesians 6 verse 18

*And pray in the Spirit on all occasions with all kinds of prayers and requests.  
With this in mind, be alert and always keep on praying for all the saints.*

#### Hymn

This Hymn for all the saints was written by W.W. How who lived between 1823 and 1897.

Verses 1 and 2

**For all the saints, who from their labours rest;  
who to the world by faith their Lord confessed,  
your name, O Jesus, be forever blessed:  
Alleluia, alleluia.**

**You were their rock, their fortress, and their might;  
you, Lord, their captain in the well-fought fight,  
and in the darkness their unfailing light.  
Alleluia, alleluia.**

#### Prayer

We thank you Lord God for all the Old Testament saints, people like Abraham, Noah, Moses, Esther and Ruth, all of whom acknowledged that you were Sovereign over all. We thank you for their courage and faith in every difficulty they faced. Amen.

## Scripture

Hebrews 11 verses 1 & 2

*Now faith is being sure of what we hope for and certain of what we do not see.*

*This is what the ancients were commended for.*

## Hymn

Verses 3 and 4

So may your soldiers, faithful, true and bold,  
fights as the saints who nobly fought of old  
And win with them the victor's crown of gold,  
Alleluia, alleluia.

One holy people, fellowship divine!  
we feebly struggle, they in glory shine -  
in earth and heaven the saints in praise combine:  
Alleluia, alleluia.

## Prayer

Lord we remember those in the New Testament who were faithful to you.  
Mary, Elizabeth, Matthew, Mark, Luke and John the Gospel writers. Peter,  
who denied Christ, Stephen the first martyr, we thank you for these  
forerunners. Amen.

## Scripture

Ephesians 6 v 19

*Pray also for me, that whenever I open my mouth, words may be given me  
so that I would fearlessly make known the mystery of the gospel.*

## Hymn

Verses 5 & 6

And when the fight is fierce, the warfare long,  
far off we hear the distant triumph-song;  
and hearts are brave again, and arms are strong.  
Alleluia, alleluia.

The golden evening brightens in the west:  
soon, soon to faithful warriors comes their rest,  
the peaceful calm of paradise the blessed.  
Alleluia, alleluia.

## Prayer

Paul asked for prayer for himself. Dear Lord hear our prayer for ourselves  
that we may boldly follow the saints we remember St. Francis, St. Teresa, St.  
Joan of Arc and many more. Thank you they continue to lead the way to you  
Jesus.

## Scripture

Revelation 7 verses 13 - 17

*Then one of the elders asked me, "These in white robes - who are they and  
where did they come from?" I answered, "Sir, you know." And he said,  
"These are they who have come out of the great tribulation; they have  
washed their robes and made them white in the blood of the Lamb.  
Therefore, "they are before the throne of God and serve him day and night  
in his temple; and he who sits on the throne will spread his tent over them.  
Never again will they hunger, never again will they thirst. The sun will not  
beat upon them, nor any scorching heat. For the Lamb at the centre of the  
throne will be their shepherd, he will lead them to springs of living water.  
And God will wipe away every tear from their eyes."*

## Hymn

Verses 7 & 8

**But look! – there breaks a yet more glorious day;  
saints all-triumphant rise in bright array –  
the king of glory passes on his way!  
Alleluia, alleluia.**

**From earth's wide bounds,  
from dawn to setting sun,  
through heaven's gates to God the Three-in-One  
they come, to sing the song on earth begun:  
Alleluia, alleluia.**

## Prayer

Lord we thank you for our more modern day saints, William Wilberforce, Florence Nightingale, Mother Teresa and Billy Graham to name but a few, but most of all we pray for us all as today's saints for that's what we are. We pray for each other that we will do justly, love mercy and walk humbly with you our God. Amen

## You Are a Saint!

Oh, you are a saint! Has anyone ever said that to you, or you to another? Being named a Saint is often seen as being a religious honour given to people after they've died, in recognition of living a life of holiness and virtue. In the New Testament the word is used of living individuals who dedicated themselves to the worship and service of the one true God, as revealed in His Son, Jesus Christ. As true for us today, as it was then. Oh, you are a saint! Well, am I? Can I be?

Perhaps one of the first people we think of when we talk about someone saintly is Mother Teresa. Although canonised by the RC Church after her death, she was a very ordinary person who loved and served God.

She was born Agnes Gonxha Bojaxhiu in Macedonia in 1910 and decided to devote her life to God at an early age. At age 18 she joined the Sisters of Loreto to become a missionary to India, where she lived and worked for 17 years. From 1937 she became known as Mother Teresa and it was on a train ride in 1946 that she said she received her "inspiration" to carry out what she described as the work of God, devoting herself to helping people who lived in the slums of Calcutta.

In 1979 she was awarded the Nobel Peace Prize. Rather than have the traditional honour banquet, she asked that the money for it to be donated to the poor of India. She died in Calcutta in 1997. Her legacy lives on through the Missionaries of Charity, who work in the slums of around 160 cities across the world. Mother Teresa dedicated her life to serving poor, sick and needy people.

Well, I could never aspire to that sort of life, we might be thinking, but let's consider what we can learn from her. These quotes from Mother Teresa certainly give us food for thought - we can draw much encouragement from these, focussing on what we can do, rather than what we can't.

*"We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop."*

*"Be faithful in small things because it is in them that your strength lies."*

*"Not all of us can do great things. But we can do small things with great love."*

*"If you can't feed a hundred people, then feed just one."*

*"Love cannot remain by itself – it has no meaning. Love has to be put into action, and that action is service."*

*"It is not how much we do, but how much love we put into doing it. That makes all the difference."*

Perhaps we can take one of these quotes into our hearts and minds and know that, in the little things we can do, we are making a difference in our own small part of the world. And what a difference that can make to someone's life... and perhaps have knock on effects into the lives of others, as they follow our example.

Can we, like Mother Teresa, be an advocate for those without a voice?

How can you and I show our compassion and our love for humanity and selflessly serve those in need, just as she did?

Will we pray, as Mother Teresa did, for understanding, for help and for strength to serve God?

Can we show the determination and commitment to serve others that she did? We needn't feel overwhelmed... she didn't do it alone. Let's seek God's will and have others alongside us.

Mother Teresa's small acts of kindness led to great things. We can do small things in a great way, as we show love, care and compassion to those God has given us to come alongside.

Maybe you feel you just have a smile or a kind word to offer. Mother Teresa advised:

*"Smile at each other, make time for each other, enjoy each other"* - in doing this we share part of ourselves. We may not hear the actual words "you are a saint", but we can know in our heart that, as a child of God seeking to serve Him, we are!

“*Smile at each other, make time for each other, enjoy each other.*”

## Well Known Saints of Old

## St Francis of Assisi

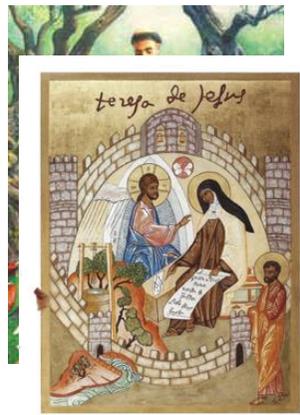
This is a saint we have all heard of. Typically he is sitting amongst the animals and birds in a garden. He was born in 1181 and lived in Italy. He was a wealthy young man and he rejected all that he saw wrong in that society. He became an outcast and from then on, lived in a simple way. He nursed lepers, helped the poor, and devoted himself to a life of simplicity and poverty.

He founded the Franciscan order of monks with a simple rule for his followers, "To follow the teachings of our Lord Jesus Christ and to walk in his footsteps." He certainly had a great rapport with living creatures and had a heart for the poor. He believed that seeing God in nature, in all creatures, flowers and beauty of our earthly environment showed us what God as creator was like.

He lived a simple life, and was at one with any situation. He believed that if he as a person could love, he would then see God's created beauty in people, creatures and the environment. He suggested that we must keep on loving despite feelings of fear, guilt or resentment. Then we will be eager to love .

*"Only when we are eager to love can we see love and goodness in the world around us. We must ourselves remain in peace, then we will see and find peace in the world. Remain in beauty and we will honour beauty everywhere."* (Ref: Eager to Love by Richard Rohr 2014)

This is resonating with the pandemic discovery that being in nature is good for your mental wellbeing. We have new words to describe it, but there has, out of the awful pandemic, come a lovely thing. That the world and everything in it is beautiful. And it shows us what God the creator is like.



## St. Teresa of Avila

*Prayer is nothing else than an intimate sharing between friends*

St Teresa of Avila lived in medieval Spain from 1515-1582 and entered the Carmelite Monastery of the Incarnation in Avila at the age of twenty in 1535. This institution had over one hundred sisters and Teresa longed for a smaller community more deeply rooted in solitary prayer. So, in 1572 Teresa founded St Joseph's, and over the next fifteen years, established a further sixteen communities of nuns dedicated to prayer.

The Book of Her Life was Teresa's first attempt at writing. In it, she describes external events as well as her personal experiences of prayer. The Interior Castle is Teresa's most mature work, in which she imagines her soul's journey to GOD as someone travelling through the rooms of a castle to meet GOD Who dwells at its centre.

Teresa received no formal training as a writer, and uses the ordinary dialect of her native Castile region, even inventing words to explain what she means. Teresa wrote amid her duties as a prioress, writing late into the night and at speed. She wrote sporadically, often neglecting her writing for weeks as she struggled with ill health. Her style is as if she is speaking spontaneously to us, jumping between ideas, making asides, just as we all do when chatting!

Teresa was working on her account of her new monasteries, in The Book of Her Foundations, when she died. She was canonised in 1612. Since then, Teresa's writings have inspired people from all walks of life and nationalities. For Teresa prayer is a living friendship with Christ, when we spend time together with Jesus, sharing joys and sorrows, or enjoying silent companionship.

We can become aware of GOD's closeness by imagining Christ nearby. 'We just remain there in His presence... and occupy ourselves in looking at Christ Who is looking at us.' Teresa is realistic about the times when it is hard to pray, encouraging us to persevere, ignoring distractions and sticking at it when it feels as if nothing is happening. Teresa's experience was that as we learn to be still GOD gradually takes over, our minds quieten and we have a sense of peace.

## St Denys

St Denys was born in Italy, possibly Rome, in around 210 AD. Nothing is known of his early life. He became a priest and in 245 Fabian, Bishop of Rome, consecrated him and six others to be missionary bishops to Gaul (modern day France). He arrived in Paris as the first Bishop of Paris along with two companions. They lived on an island in the Seine and built a church there. They went out preaching the gospel. The local pagan leaders were jealous of their converts and forced the Roman governor to stop them preaching. When they refused to stop preaching, after a period in prison all three were tortured and executed on a hill in Paris which is now known as Montmartre - the hill of martyrs. This happened on the 9th October 258. He is the patron saint of Paris and France.



It is believed that St Denys was executed by beheading and there was a later legend that after his execution he carried his head for six miles preaching a sermon as he went! Early in the twelfth century a basilica was constructed in France on the site of St Denys'

grave. It was the world's first Gothic cathedral and was the inspiration for Chartres cathedral.

So why do we have an area in Southampton called St Denys? In 1120 King Henry I established a priory in Southampton, dedicated to St Denys, in memory of his son William who had drowned at sea. It was an Augustine priory staffed by Canons Regular, so they were not monks but priests who lived in the priory under a rule, but went out and worked in the local community. They also looked after a church at Chilworth, which is why there are two churches called St Denys in the area.

All that is left of the original priory is a length of ruined wall in what is now Priory Road. The church of St Denys, built in 1868, also holds a few artefacts. At the west end of the church is a 12th century stone coffin from the original priory and on the wall in the Lady Chapel are some painted tiles from the priory floor.



At the east end of the church is a Russian icon of St Denys. In 1918 at the beginning of the Russian Revolution, a Greek ship arrived in St Petersburg. They were met by an Abbot carrying an icon of St Denys. The Abbot pleaded with the ship's captain to take the icon as "the Bolsheviks are burning everything". His grandson eventually gave the icon to the church of St Denys.

## St Martin

This stained-glass window can be found in the tiny Church on the island of St Martin's, on the Isles of Scilly. I've looked at this window and reflected on the story of St Martin for over 30 years, as I've worshipped alongside local islanders and other visitors each summer. Little did I know that the history of this Saint would take on a new meaning for me, as a Chaplain for Older People, over the past years. Let me explain!!

Born in Hungary in 316 AD, St Martin of Tours was drawn to Christianity as a young child. After spending his early adulthood in the Roman army, he was eventually free to pursue his studies, becoming increasingly committed to serving God, through preaching and caring for the sick. St Martin became known as a holy man, attracting others to join him in forming a Benedictine Monastery and eventually becoming the Bishop of Tours in France.

The stained-glass window shows Martin, as a young soldier, meeting a shivering beggar one bitterly cold day. Showing compassion and generosity, Martin removed his heavy wool cloak, cut it in half and gave it to the beggar. That night Martin had a vision in which Jesus was wearing the half-cloak he'd given to this poor man.

The story goes that the French clerics who looked after St Martin's cloak were called 'chapelains', derived from the medieval Latin for cloak, cappella. Overtime this changed to the word we are now familiar with in English, Chaplain. The first chaplains worked in

the military and in prisons in France, but now we have Chaplains, men and woman who come alongside and support those in need, whether in hospitals, schools, prisons, with the police or the Anna Chaplains that we know, who are the champions for those in their older years, offering a listening ear, companionship along the way and spiritual support for those with and without faith, across our communities and in care.

And it all started with St Martin!

*Erica, City Chaplain for Older People*

## PRAYERS OF THE SAINTS

*Do you sometimes find it hard to find words to pray? It can help from time to time to use prayers others have used. In this booklet we share some very old prayers, some of which you may be familiar with already as they are well known. Why not try one if you find yourself a bit at a loss for words?*

### **St. Richard of Chichester 1197-1253**

Thanks be to You, O Lord Jesus Christ,  
for all the benefits which You have won for us,  
for all the pains and insults which You have borne for us.  
Most merciful Redeemer, Friend and Brother,  
may we know You more clearly, love You more dearly  
and follow You more nearly, day by day.

### **St. Patrick's Breastplate c.373-463**

Christ be with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left,  
Christ where I lie down, Christ where I sit, Christ where I  
arise,  
Christ in heart of everyone who thinks of me,

Christ in the mouth of everyone who speaks of me,  
Christ in every eye that sees me, Christ in every ear that  
hears me.

May Your salvation O Lord be ever with us.

### **St. Francis of Assisi 1181-1226**

LORD, make me an instrument of Your peace,  
where there is hatred, let me sow love,  
where there is injury, pardon,  
where there is doubt, faith,  
where there is despair, hope,  
where there is darkness, light,  
and where there is sadness, joy.

O Master, grant that I may not so much seek to be consoled  
as to console,  
not so much to be understood as to understand,  
not so much to be loved as to love with all my soul,  
for it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.

### **St. Ignatius Loyola 1491-1556**

Dearest LORD, teach me to be generous,  
Teach me, good LORD, to serve Thee as thou deservest,  
to give and not to count the cost,  
to fight and not to heed the wounds,  
to toil and not to seek for rest,  
to labour and not to seek for any reward  
save that of knowing that I do Thy will.

### **Bath Abbey adapted by David Adams.**

Jesus Christ, You are here with me now  
Open my eyes to Your presence  
Open my mind to Your grace  
Open my ears to Your call  
Open my heart to Your love  
Open my will to Your command

### **St Philaret of Moscow 1782-1867**

O LORD, grant me to greet the coming day in peace,  
help me in all things to rely on Your holy will.  
In every hour of the day reveal Your will to me.  
Bless my dealings with all who surround me.  
Teach me to treat all that comes to me throughout the day

with peace of soul and with firm conviction that Your will  
governs all.

In all my deeds and words, guide my thoughts and feelings.  
In unforeseen events, let me not forget that all are sent by  
You.

Teach me to act firmly and wisely,  
without embittering and embarrassing others.  
Give me strength to bear the fatigue of the coming day  
with all that it shall bring.

Direct my will, teach me to pray.  
And You, Yourself, pray in me. Amen.

### **St Thomas Aquinas 1225-1274**

Grant me, O LORD my GOD,  
a mind to know You,  
a heart to seek You,  
wisdom to find You,  
conduct pleasing to You,  
faithful perseverance in waiting for You,  
and a hope of finally embracing You. Amen

### **St Anselm of Canterbury 1033-1109**

I put aside my weighty cares and leave my wearisome toils  
for a while,  
I abandon myself to You, O GOD, and rest for a little in You.  
I enter the inner chamber of my soul, and seek only GOD  
and the things that can help me in my quest for You.

Come then, LORD my GOD, teach my heart  
where and how to look for You,  
Where and how to find You.  
Open my life to Your healing  
and help me to pray.

### **Julian of Norwich 1342-1416**

All shall be well, and all shall be well and all manner of  
things shall be well.

He did not say, You shall not be tempested, you shall not be  
travailed, you shall not be diseased, but He said, You shall  
not be overcome.

### **Local news – Society of St James**



Can you imagine what it's like to not know where you are going to sleep tonight  
and keep safe?

In 1972 volunteers from several churches opened a church hall to accommodate  
11 homeless men, many struggling with heavy drinking and the Society of St  
James (SSJ) came into being. SSJ exists to help vulnerable people across  
Hampshire, but here we share information about support available in our own  
city of Southampton.

The Society of St James believes that having a place to call home is a basic human  
right, that with appropriate help, people can change their lives for the better, and  
that everyone deserves not just a second or third chance, but as many as it takes.

Being homeless is frightening,  
degrading and causes significant  
physical and mental harm. In the UK  
thousands are without a permanent,  
safe home. Many are living in  
unsuitable temporary, overcrowded  
accommodation. Worst of all,  
hundreds are sleeping rough on the  
streets, including here in Southampton. In addition, thousands are the 'hidden  
homeless'. Although not on the streets, they have no actual home and may be  
sofa surfing with friends and family, moving on all the time. Regrettably the  
number has increased during the pandemic.



The original team realised that offering shelter was just the first step in helping  
people to get back on their feet. Causes of homelessness are complex, so SSJ  
tackles domestic abuse, relationship breakdown, alcohol and drug addiction.

Those of us who have never experienced addiction cannot begin to understand  
the overwhelming impact it has on someone's life and those closest to them.  
Even though we think, 'It will never happen to me', any of us could become  
addicted.

St James owns and manages accommodation such as Jordan House Life Skills  
Intensive Service. Here 26 people in self-contained flats are helped to develop

skills to manage their own accommodation, before the next step into independent living.

At St James Care Radstock Road, the Society looks after sixteen adults, mostly aged over fifty, with long term alcohol dependency or mental health issues. By managing residents' money and their alcohol intake, dedicated staff ensure that they are no longer drinking to dangerous levels, providing personal care, emotional support and friendship to people, who may have no family or social contacts.

St James' specialist alcohol supported accommodation helps 24 adults. All support is tailored to individual need and people are encouraged to progress at a pace with which they are comfortable. To help people reduce their alcohol intake gradually without placing them at risk of harm, SSJ works closely with healthcare professionals.

Southampton Street offers a 24 hour seven day a week service. The charity believes that it is not appropriate to tell people what to do, as people take more ownership if they make their own choices. Sadly, some people's ability to make wise decisions is impaired owing to life

experiences, and the Society responds practically and sensitively, providing step by step support until they reach their goal.

A key question is 'What do you need from us today to help you?' Often vulnerable people are bombarded with lots of distressing personal questions, piles of paperwork, and a 'we know what's best for you' attitude. In Southampton Street the approach is to help people identify what *they* want to do to make their lives better: improving daily living skills, or reading and writing, or simply knowing that someone cares.

The Sports Therapy programmes Saints 4Sports, run with the Saints Foundation, provide meaningful activities for men and women, all aimed at improving wellbeing. These have proven to be hugely beneficial. In the past five years over 1000 individuals have engaged with the structured timetable of activities, including gym sessions, cycling, Tai Chi, golf, fishing, keep fit, boxing and of course, football!

Another opportunity to spend time constructively through employment or volunteering is at Jamie's Computers, a Microsoft Authorised Refurbisher, set up in 2002. Today it is a successful computer recycling social enterprise arm of SSJ, offering a free professional and secure IT disposal service. Donated desktop computers and laptops are refurbished to a 'like new standard', and made available for reuse at heavily discounted prices, ideal for students, business and home users. Find out more at <https://ssj.org.uk>

### **'Saint Francis'**

Saint Francis was a holy man,  
So all the ancient stories ran  
Who went about from street to street  
In friar's gown and bare feet.  
His face was brown, his eyes were bright,  
For he looked on life with much delight.

He loved the birds, and flowers, and bees,  
The sun, the fields, and lofty trees;  
The little birds his praise did sing  
As they built nests in early spring.  
He helped the poor, and sick and weak,  
And often to the birds did speak.

As he reached a town one day,  
He heard the market people say  
How in the woods, beyond the town,  
A mighty wolf prowled up and down.  
Each evening when the sun had set,  
Each mother then had cause to fret;  
For if her child was out too late  
Outside the mighty city gate,  
The wolf would come, bear it away,  
And eat it ere the break of day.

On hearing this St. Francis, kind,  
Said that he would try and find  
If what he heard was really true,  
And see what he himself could do.  
He had not very far to go,  
When there the wolf he saw, and low!  
It came towards him, hungry, wild,  
But Francis only turned and smiled.

He said in a voice quite calm and still:  
"Brother wolf, if it's thy will,  
I'll take thee to yon town with me,  
And there they'll feed and play with thee.  
But first thou must give me some sign  
That I'm thy friend and thou art mine".  
This time the wolf was first that moved,  
And made a sign which surely proved  
Their friendship, for it looked up and saw,  
His gentleness, and gave its paw.

*Joan Matthews, mother of one of our Team. The poem was written 28<sup>th</sup> September 1927, when she was 14 years old in Form 111B, Rotherham High School. It was read out at her funeral.*



### **Pan co' Santi Bread**

*This is a Tuscan bread made leading up to Christmas on*



*for the start of festivities November 1<sup>st</sup>.*

### **Its History**

On November 1<sup>st</sup>, 840 AD, Pope Gregory IV officially established All Saints Day. In Tuscany, and in particular in Siena, the Pan co' Santi is considered a derivative of the so-called "pan mielato" (honey bread), which was the traditional cake prepared in the past at this time of the year. This tradition, however, dates back to the Greeks, who offered a very similar cake to the goddess Demeter, to get good crops, but also to the Lombard and Nordic culture.

I learnt to appreciate pan co' Santi growing up. Now I am equally fascinated by its spiced, nutty taste and the ritual of baking it to welcome a more reflective, intimate season and to start the festivities. We enjoy pan co' Santi to end the family meal of November the 1st, then I wrap it in a paper bag for my breakfast. I cut a thick slice of pan co' Santi in the morning and toast it on a griddle pan until the nuts start to release their oil, and the raisins caramelize.

I made the bread recipe and can confirm it was really delicious but took quite a time. I suggest here to make rock buns in the same flavours.

### Ingredients

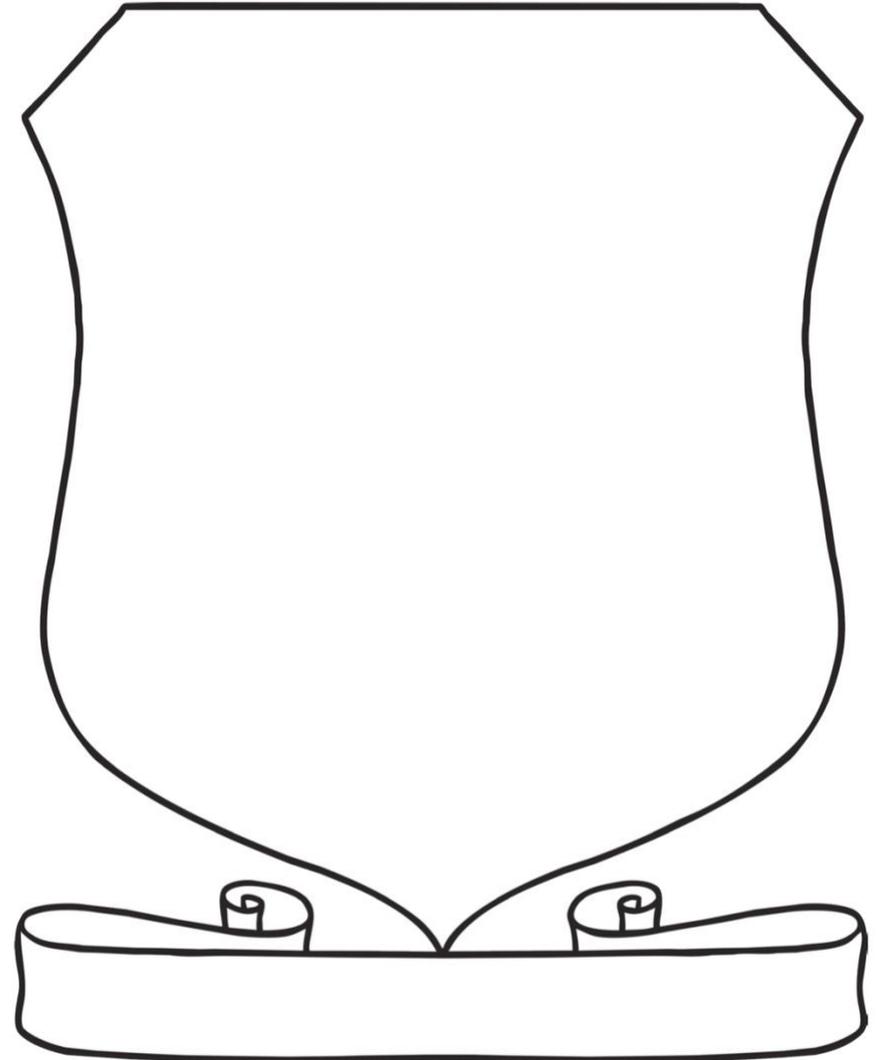
- 8oz Self Raising Flour
- ½ tsp salt and ¼ tsp ground black pepper
- ½ teaspoon mixed spice
- 3oz margarine or butter
- 3oz sugar
- 1 large egg, beaten,
- 2 tbsp milk
- 2oz raisins
- 2oz walnuts

### Method

1. Sieve flour, salt and mixed spice.
2. Rub in margarine until it looks like fine breadcrumbs.
3. Add sugar, fruit and nuts.
4. Mix egg and milk together and pour into the ingredients.
5. Mix well to a stiff, rough dough.
6. Put about 12 spoonfuls of the mixture on a greased baking tray, smooth the surface and cut a cross into the top and sprinkle a little demerara or soft brown sugar on each cake.
7. Bake in oven 200 deg C or gas mark 6 for 10 to 15 mins until golden brown.

*Enjoy!*

Many Saints of old had their own battle shields depicting images which related to them, so that when in battle the opposing army would know who was hiding behind the shield. Why not design your own? What symbols, colours, flowers, fruit ..... reflect you and/or your family? Include anything that is meaningful to you.

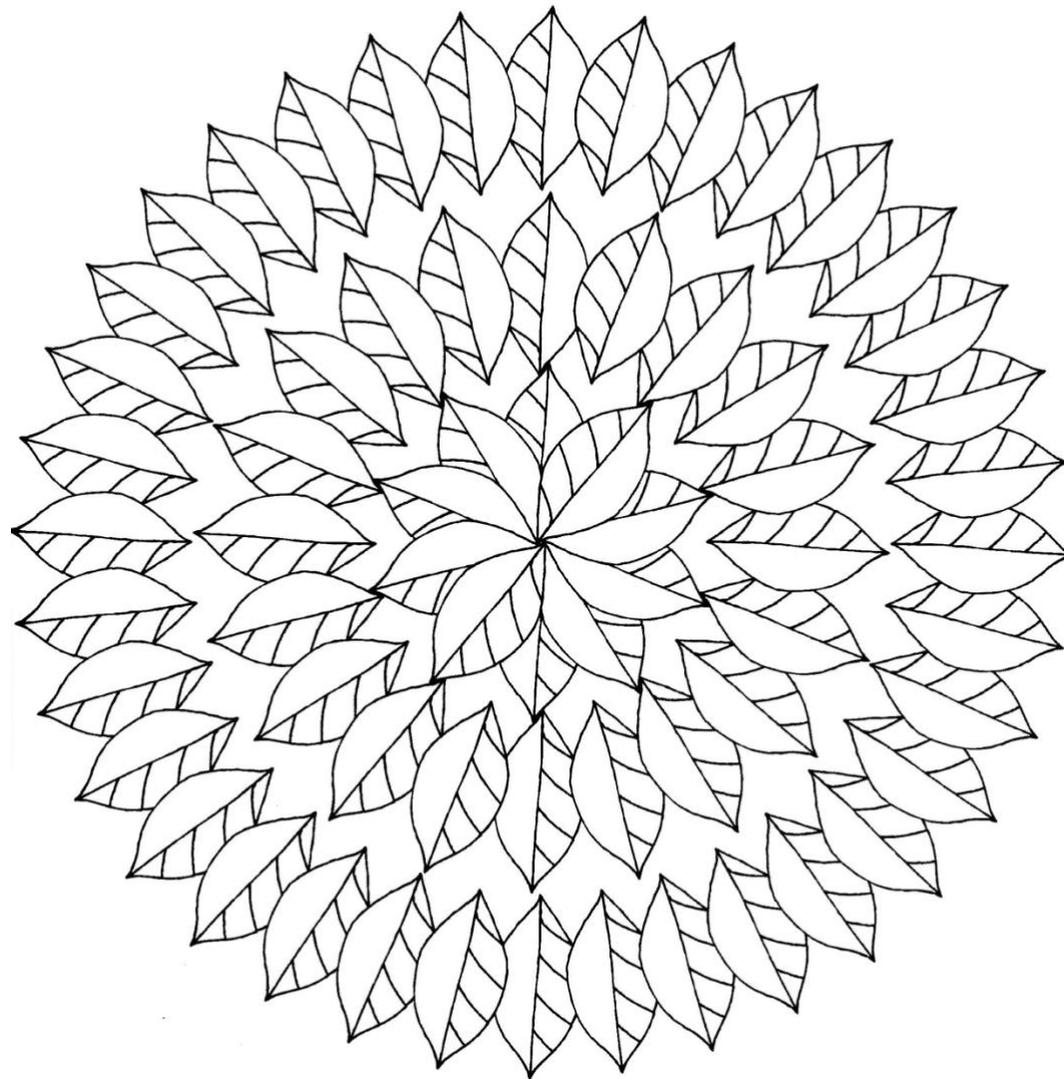


# WORDSEARCH

For All The Saints

T	R	I	U	M	P	H	-	S	O	N	G	C
G	O	A	A	S	O	P	N	R	D	E	D	R
L	W	E	D	I	O	E	U	O	I	D	C	O
O	A	V	T	L	T	L	O	T	V	L	O	W
R	R	E	I	H	R	D	D	C	I	O	N	N
Y	F	N	G	U	I	O	A	I	N	G	F	F
S	A	I	N	T	S	I	W	V	E	O	E	A
L	R	N	I	A	T	P	A	C	R	R	S	I
B	E	G	V	J	F	A	R	T	H	E	S	T
D	E	S	S	E	L	B	R	O	C	K	E	H
E	R	O	H	S	S	E	N	K	R	A	D	G
H	C	O	Z	U	S	R	U	O	B	A	L	I
H	N	D	R	S	N	A	E	C	O	A	E	F

BLESSED	FARTHEST	SAINTS	BRIGHTENS
FIGHT	SHORE	CAPTAIN	FORTRESS
SOLDIERS	CONFESSED	GLORY	TRIUMPH- SONG
CROWN	GOLDEN	VICTORS	DARKNESS
JESUS	WARFARE	DIVINE	LABOURS
WORLD	EVENINGS	OCEANS	FAITH
ROCK			



12. Which saint's feast day is celebrated on 17<sup>th</sup> March? St Stephen

## MESSED UP SAINTS

**Match the answers to the questions: draw a line to connect them**

- |   |                       |
|---|-----------------------|
| 1. Which famous capital city cathedral is named after a saint?  | St Francis of Assisi  |
| 2. Who is the patron saint of Russia, Greece & Scotland?  | St Luke               |
| 3. Who is the patron saint of singers & poets?  | St Helena             |
| 4. Which saint is called upon by those wishing to recover lost property?  | St Hilda              |
| 5. Which saint wrote the Book of Acts?  | St Augustine of Hippo |
| 6. Who wrote "The City of God" in defence of Christianity?  | St Patrick            |
| 7. Whose saint's feast is on Boxing Day?  | St Andrew             |
| 8. Which 4 <sup>th</sup> century saint was Emperor Constantine's mother and instigated the excavations of Calvary in her search for the "true cross"? | St Cecilia            |
| 9. Which saint was reputed to have changed poisonous snakes into stone?   | St Joan of Arc        |
| 10. Who is the patron saint of animals?   | St Paul's             |
| 11. Who do soldiers regard as their patron saint?   | St Anthony of Padua   |

## Messed Up Saints - Answers

1. St Paul's
2. St Andrew
3. St Cecilia
4. St Anthony of Padua
5. St Luke
6. St Augustine of Hippo
7. St Stephen
8. St Helena
9. St Hilda
10. St Francis of Assisi
11. St Joan of Arc
12. St Patrick

## Unjumble the letters to discover the Saint's names!

	Name
C R A P I K T	
R A S T E E	
R E W A N D	
I C F N R A S	
L U J A N I	
G I T A S U I N	
V I D D A	
L E A C R	
T R E E P	

<b>R O G E E G</b>	
<b>K R A M</b>	

20.St Ignatius of Loyola	Headaches
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## How well do you know your Saints?

See if you can match the saint with what they are patrons of.

**Draw a line** between the **saint's name** and what people connect them with!

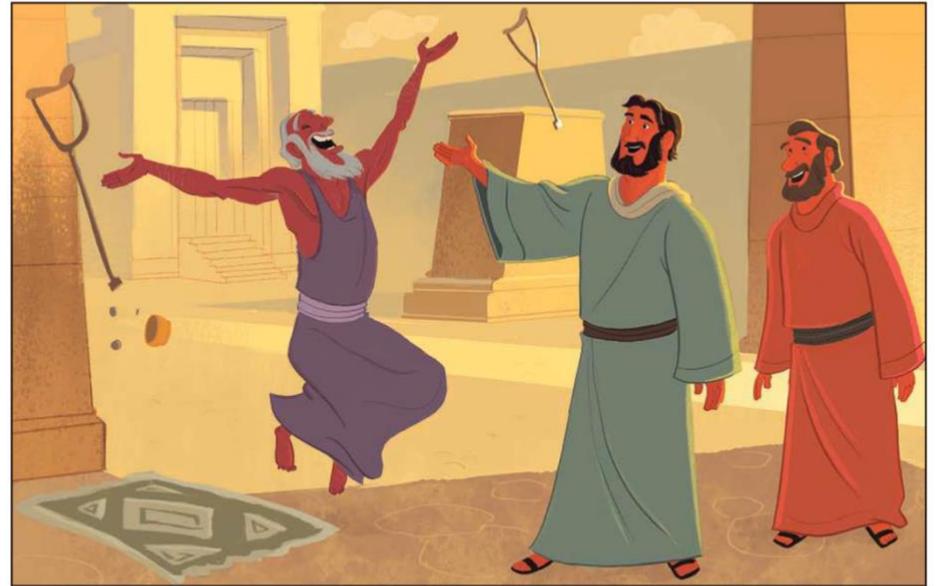
<b>Saint</b>	<b>Patron of</b>
1.St Francis of Assisi	Young girls
2.St Cuthbert	Baptism
3.St Matthew	Older people
4.St John the Baptist	Accountants
5.St Agnes	Funeral directors
6. St Martin of Tours	Geese
7. St Anthony of Padua	Durham
8. Joseph of Arimathea	Coachmen
9. St Patrick	Animals
10.St Richard of Chichester	Ireland
11. St Swithun	Colleges
12.St Teresa of Avila	Scholars
13.St Thomas Aquinas	Florists
14.St Cecilia	Wales
15. St Jérôme	Order of the Garter
16.Thérèse of Lisieux	Safe journeys
17.St David	Winchester
18.St George	Jesuit Religious Order
19.St Christopher	Music

## How well do you know your Saints? - Answers

- |                              |                     |
|------------------------------|---------------------|
| 1. St Francis                | animals             |
| 2. St Cuthbert               | Durham              |
| 3. St Matthew                | accountants         |
| 4. St John the Baptist       | baptism             |
| 5. St Agnes                  | young girls         |
| 6. St Martin of Tours        | geese               |
| 7. St Anthony of Padua       | older people        |
| 8. Joseph of Arimathea       | funeral directors   |
| 9. St Patrick                | Ireland             |
| 10. St Richard of Chichester | coachmen            |
| 11. St Swithun               | Winchester          |
| 12. St Teresa of Avila       | headaches           |
| 13. St Thomas Aquinas        | colleges            |
| 14. St Cecilia               | music               |
| 15. St Jerome                | scholars            |
| 16. Therese of Lisieux       | florists            |
| 17. St David                 | Wales               |
| 18. St George                | Order of the garter |
| 19. St Christopher           | safe journeys       |
| 20. St Ignatius of Loyola    | Order of Jesuits    |

## Peter and the Lame Man Spot the Differences

Compare the picture on the top with the picture on bottom. Circle the 15 things that are different.



# Spot the Differences - answers

