



 highfield.church


Spiritually Resourcing the Older Person

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VINTAGE ADVENTURE

④ HOME

NEW YEAR, NEW CHAPTER

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With our best wishes

Messy Vintage

from The Bible Reading Fellowship 

Dear Vintage Friends,

Happy New Year! Can you believe it is 2022 now? That sounds so advanced in time, like in a science fiction film! 2021 has been an odd year and much has felt so fearful and scary, but we have survived.

2022 is looking as if it will be the year of engagement, when we can resume a more normal lifestyle despite the ongoing pandemic situation, as we now have the vaccinations, and are learning to live with it, not trying to hide!

It will be necessary to train ourselves to feel safe again, to trust people around us, and to show and receive love from others on the way.

Love is closing the gap between God and us, between each one of us, between us as a community and you as older people living in your own communities. We know that getting out to meet people again is such a joy. As I write this week, I have seen tears of joy, excessive laughter, smiles and blown kisses as expressions of love received by people who have attended our memory cafes. Sharing how you feel with God and with others is a really soothing thing to do, and by sharing our vulnerability in this way, we invite support, light, joy and friendship. Start doing this with prayer and then work towards others, going onwards, showing love and receiving love.

Let's give thanks for some of those moments where we've seen God's grace in action, where we've experienced the kindness of others and where we have known God's goodness and faithfulness in our own lives. Somehow just expressing gratitude for the small things can lift our spirits. We have included a certificate for you to honour someone this New Year. Fill it in and give to someone who you are thankful for.

This month's pack has a theme of new starts, new chapters as we begin this new year. We really hope you enjoy spending time with the contents of the pack; so, do make that cuppa, perhaps light a candle as a reminder that Jesus is the light of the world, sit back and stay with whatever jumps out at you. God might speak to you through the worship and reflections, but equally you may become aware of His presence as you do the wordsearch or colouring!

Let me leave you with the prophecy about Jesus as a new light dawning, from Isaiah 9:2

*“The people walking in darkness have seen a great light;
on those living in the land of deep darkness a light has dawned.”*

May you all know God's light guiding you through this year as we wait patiently to gather together again! In the meantime, do contact us if you'd like to receive a phone call or any practical help (contact details on reverse of cover page).

Happy 2022!

From Ros Simpson, Chair of Caraway, Erica and the Vintage Team

WORSHIP



As we come to a new year we may be looking back to the past and looking forward to the future. We may be sad or happy, full of fear or optimism. Whatever our emotions we can come to God knowing that He cares and He understands. So take a few moments to be quiet and reflect. God is eternal, beyond the limits of time.

Be thankful for the year that has past,
Be thankful for the coming year.
Count your blessings.
You have the opportunity to start afresh.

PRAYER

Eternal God, you are the alpha and omega, the A to Z, the creator who was there before time began and you will be there when time comes to an end, I commit myself to you in this new chapter of life that is unfolding this year. Amen

HYMN

I do not know what lies ahead,
The way I cannot see,
But one stands near to be my guide
He'll show the way to me.

I know who holds the future
And he'll guide me with his hand,
With God things don't just happen,
Everything by him is planned,
So as I face tomorrow
With its problems large and small,
I'll trust the God of miracles
Give to him my all.

Eugene L Clark

BIBLE VERSES

Isaiah 43 v18-19

The Lord says, "Do not cling to the events of the past or dwell on what happened long ago. Watch for the new thing I am going to do. It is happening already - you can see it now! I will make a road through the wilderness And give you streams of water there."

HYMN

New every morning is the love
Our waking and uprising prove,
Through sleep and darkness safely brought,
Restored to life and power and thought.

New mercies each returning day,
Surround your people as they pray:
New dangers past, new sins forgiven,
New thoughts of God, new hopes of heaven.

If in our daily life our mind
Be set to honour all we find,
New treasures still, of countless price,
God will provide for sacrifice.

The trivial round, the common task,
Will give us all we ought to ask:
Room to deny ourselves, a road
To bring us daily nearer God.

Prepare us, Lord, in your dear love
For perfect rest with you above,
And help us this and every day
To live more nearly as we pray.

John Keble

PRAYER

God of time and eternity,
thank you for all the blessings you have given us throughout the years,
Especially today I thank you for

(think of something or someone for which you are grateful today)
I think of those who have less than I have and ask, Lord,
that you provide for them.
I think of those in positions of power and ask, Lord,
that they will use it wisely for the good of all.
Amen

BIBLE VERSES

Isaiah 40:31

*Those who trust in the Lord for help
Will find their strength renewed.
They will rise up on wings like eagles;
They will run and not get weary;
They will walk and not grow weak.*

HYMN

Mine is the sunlight, mine is the morning
Born of the one light Eden saw play;
Praise with elation, praise every morning,
God's re-creation of the new day!



BIBLE VERSES

Revelation 21 v4-5

*God will wipe away all tears from their eyes.
There will be no more death, no more crying or pain.
The old things have disappeared.
Then the one who sits on the throne said,
"And now I make all things new!"*

We do not know when time will end but we do know that God has a plan.
We commit ourselves into his hands.

BLESSING

May the blessing of God the Father, the almighty creator,
God the Son, who loves us so much that He is our Saviour,
And God the Holy Spirit, who sustains and empowers us day by day,
Be with each of us
And those we love
Day by day
Throughout this year
And for evermore.
Amen.



*He who was seated on the throne said, "I am making everything new!"
...."It is done. I am the Alpha and Omega, the Beginning and the End."*

Revelation 21 verses 5 & 6

Prayer

With every power for good to stay and guide me. Comforted and inspired
beyond all fear. I'll live these days with you in thought beside me, and pass,
with you, into the coming year. Amen

Dietrich Bonhoeffer from prison New Year 1945

Bible reading

*Yet I am writing you a new command; it's truth is seen in him and you,
because the darkness is passing and the true light is already shining.*

1 John 2 verse 8

Reflection

I wonder, does it feel good to see the back of the old year? Do you look
forward to the new year, or does it feel daunting? The dark days of winter
will soon pass and the first spring flowers will soon appear, the warmth of
the sun will return together with bird song. Does this give you hope in your
heart?

Prayer

God is our shelter and strength, always ready to help in times of trouble, So
we will not be afraid, even if the earth is shaken, even if the seas roar and
rage, and the hills are shaken by the violence,

The Lord Almighty is with us. Amen.

Bible reading

*The Lord Himself goes before you and will be with you; He will never leave
you nor forsake you. Do not be afraid; do not be discouraged.*

Deuteronomy 31 verse 8

Hymn

New every morning is the love our waking and uprising prove, through sleep
and darkness safely brought, restored to life and power and thought.

New mercies, each returning day, surround your people as they pray, new
dangers past, new sins forgiven, new thoughts of God, new hopes of
heaven.

Prepare us, Lord, in your dear love for perfect rest with you above, and help
us, this and every day, to grow more like you as we pray.

John Keble 1822

Prayer

Lord you have brought us through this day to a time of reflection and rest,
calm us, and give us your peace to refresh us. Keep us close to Christ that
we may be close to one another, because of his perfect love.

In His name we pray.

Bible reading

*We know also that the Son of God has come and has given us
understanding, so that we may know him who is true. And we are in Him
who is true -even in his Son Jesus Christ. He is the true God and eternal life.*

1 John 5 verse 20

Reflection

As God created the universe at the beginning of time, so he goes on
creating new life and re-creating in us new hope and resilience to face each
new day and each new year knowing that we are dearly loved, so much so
that he gave his only Son to be our Saviour and Friend.

A NEW YEAR – A NEW CHAPTER



Does the coming of 2022 daunt you? As we start January 2022 there are just so many unknowns. Will I get Covid? Will my health be OK? Will I have enough money for additional care if I need it? What about my loved ones? Are some of my friends going to die this year? Will I be alone? I find the words in the following hymn resonate with me:

*GOD holds the key of all unknown
And I am glad.
If other hands should hold the key,
Or if He trusted it to me
I might be sad.*

*What if tomorrow's cares were here,
Without its rest?
I'd rather He unlocked the day
And as the hours swing open, say,
My will is best.*

*I cannot read His future plans
But this I know
I have the smiling of His face
And all the refuge of His grace
While here below.
John Parker*

As we look back on 2021 and 2020 before it, how absolutely overwhelming it would have been if we had known in advance all the things which were going to befall us! It seems as if GOD is very wise in His guidance to us to take life just one day at a time. In Matthew 6 v 34 Jesus says, *Therefore, do not worry about tomorrow, for tomorrow will worry about itself.* Here GOD is urging us to deal just with the tasks, which are ours for the day in which we are living now.

Of course, the Bible does not tell us *not* to prepare for the future. One of the books in the Old Testament says, *'He who gathers in the summer is a wise son.'* (Proverbs 10 v 5). In other words, it is sensible to set aside savings, take out insurance policies and a pension, and if we are older, to talk to our relatives or a trusted friend about power of attorney and our wishes for later and end of life care. But what the Bible *does* forbid is for us to stress excessively about the future. GOD knows this is not good for us. The future is GOD's responsibility, not ours. He has promised to be with us each step of the way.

In 2 Corinthians 12 v 9 we read, *'My grace is sufficient for you.'* Interestingly, we cannot hoard up GOD's grace. GOD grants us the strength we need **sufficient for the day we are in**, for the present, but not for tomorrow. Tomorrow, He promises strength for that day. But not till then.

On <https://pilgrimspathwayblog.wordpress.com/> the following quotation caught my eye: 'God's grace keeps pace with whatever we face.' So, although we do not know what the year ahead holds, **GOD does**. And not only is He all knowing, He **is** in control.

*I know Who holds the future
And He'll guide me with His hand.
With God things don't just happen
Everything by Him is planned.
So, as I face tomorrow
With its problems large and small
I'll trust the GOD of miracles,
Give to Him my all.
Albert B Smith*



THIS YEAR I WILL ...

New Year resolutions ... surely we've all made these over the years. Top favourites after the Christmas indulgences are to lose weight and get more exercise (and there lies many a tale of defeat within the first week!).

Depending on age and priorities some of these are chosen: talk less and listen more, go to bed earlier, buy less plastic, clear out the clutter – in fact the choices are endless and, let's face it, pretty challenging to maintain.

Many people see the new year as a new beginning and a fresh start to change things about life or begin new activities. Great in theory but often our initial gusto and enthusiasm peters out as our practical intentions grind to a halt. Chocolate bars and cake go back on the shopping list and the paperwork pile to sort out gets higher. Apparently, most adults say that they don't make resolutions anymore because they can't keep them.

So how about, as Christians, we ditch the "must try harder" resolutions and aim instead to establish priorities relating to our relationship with God and how he wants us to change and develop. No self-effort here - we can get help with this, as we pray that God will guide us in seeing what *He* wants us to be and to do in this brand new year. What are *His* priorities for the stretch of time ahead?

Jesus' words in Matthew 22:37-39 come to mind:

☞☞ Love the Lord your God with all your heart and with all your soul and with all your mind. ☞☞

This is the first and greatest commandment. And the second is like it: "Love your neighbour as yourself."

Perhaps, as we start this new year, we can think about how we could love the Lord our God with all our heart and with all our soul and with all our mind. It could be by choosing one of the gospels and looking deeper into who Jesus is; or perhaps looking at the wonder and works of our great God through one of the Old Testament books. As Brother Lawrence said:

"The more we know Him, the more we will desire to know Him. As love increases with knowledge, the more we know God, the more we will truly love Him. We will learn to love Him equally in times of distress or in times of great joy."

How's that for a way to begin and travel through the New Year?

The second commandment is to love our neighbour as we would wish to be treated ourselves.

How? Well, we've been gifted with the Holy Spirit to enable us to bear fruit, so perhaps we could start and continue our journey into the new year praying for these qualities in our relationships: "... the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control." (Galatians 5:22-23). God knows what He wants to see growing in each of us, and He will do His good work within us.

What is worth investing in this year? Our relationships. Our relationship with God and our relationship with others. These are the things which will last into eternity.

Let's eagerly anticipate all this year will bring as we set our sights on loving God and loving others wholeheartedly. Oh, and if you seriously do need a bit of willpower to perhaps diet or declutter, ask God – He'll help with that too!

The beginning and the end

LORD GOD Almighty

You are the beginning
and the end.

In You, and with You alone
everything that was
that ever will be
began.

You see in an instant
both the start and the finish.
You hold them in Yourself
in Your very being.
The span of the ages
is as a moment to You.

How marvellous then
that You should also see
the minute details
of our fragmented lives.
Of each earthly hour that passes-
even each second -
and care to enter into them.

This, then, is the miracle -
the wonder of Your inconceivable
greatness -
stooping to enter
our earthbound smallness,
and by Your entry
transforming the finite to infinite,
and drawing humanity
towards eternity.

Catherine Aldis *Threads of Gold* pp4-5 Kevin Mayhew 2002

Hibernation.....Do you do it?

Here are some tips from our furry friends who hibernate!
Hibernation is a way for many creatures to survive cold, dark winters without
having to forage for food or migrate to somewhere warmer. Instead they
turn down their body processes to save energy.

QUIZ

1. An animals body temperature can fall to -2 degrees C, in the winter.
True or False?
2. Which of the following British animals hibernate?
 - Squirrels
 - Bumblebees
 - Hedgehogs
 - Bats
 - Turtles
 - Snakes
 - Moths
3. In hot countries, crocodiles bury themselves in the mud for long periods
as protection from heat. *True or False?*
4. Bats can reduce their breathing and heart rate for short periods during
cold nights. *True or False?*
5. Which animal performs denning?
6. Do bees die in winter? *Yes /No*

Answers: 1. True 2. All of these (squirrels debateable... ground squirrels
do, our tree squirrels may not) 3. True 4. True 5. Bears
6. Yes and No, all except queen bee may die.

Animals in hot climates also hibernate of a sort, called Aestivation. This works in a similar way to survive extreme heat, drought or lack of food. Hibernating is more profound than simply sleeping, it can vary from a long, deep unconsciousness to light spells of inactivity and is risky as it can leave the creature vulnerable to predators and the unpredictable climate.

Hedgehogs and Bats

This baby hedgehog was born too late to develop necessary fat reserves before the cold weather. So what happens? Well, the hibernating animal's metabolism slows and their temperature falls, a squirrel's temperature can fall to -2 degrees C.



Torpor is a brief bout of suspended animation, usually lasting less than a day, when an animal's breathing, heartbeat, body temperature and metabolism are reduced. During torpor, a creature conserves energy in the short term and this often helps the animal survive a brief bout of poor conditions, such as cold nights. Bats and hedgehogs can go into torpor every day.

While in a state of torpor, hedgehogs are still able to move, but movement is very limited for the six or seven months that they spend in their woodland hideouts.

One of the problems with torpor is that the animals are too sluggish to react to predators. And, if the cold spell is unusually long, the animal may die if its body temperature drops too low.

Bears

Now, this one could seem pretty human, thinking of certain groups of people... Denning is a lighter form of hibernation where, usually bears, become groggy but are easily roused. Their body temperature drops, they lose up to 40% of their body weight, and may even give birth and suckle young whilst denning. They eat a lot of high-energy food before denning.



Bees

Yes, there's a reason why bees aren't around during the winter and that's because they are either asleep or dead. Actually, most of them are dead.



But no need to fret, bees have a very strategic life cycle. Each spring, the queen bees awaken from their burrows in the ground to lay a bunch of eggs; first worker bees then new queens and male bees. The new queens and male bees leave the nest and mate, and then once winter arrives, all of the old queens, worker and male bees die. The new queens survive and then repeat the cycle after ending a period of hibernation that could last up to nine months.

Snakes

Okay, technically snakes don't hibernate... they brumate which is the reptile equivalent of hibernation. During the cold months, snakes will look for a well-insulated hideout where they can bide their time using little to no energy until some warmth returns. In some instances, snakes will brumate in large piles... which sounds horrifying!

Moths

Overall, moths live pretty short lives. So if they haven't died before the typical winter months, adult moths will enter a period of inactivity much like the rest of the creatures named on this list.

However if the moth has not reached adulthood, the larvae laid before winter will remain unhatched until their food source (flower nectar) replenishes.



The Gate of the Year 1939

It was Christmas, 1939, and Great Britain was at war with Nazi Germany. Measuring his words carefully, George VI spoke from the heart:

"A new year is at hand. We cannot tell what it will bring. If it brings peace, how thankful we shall all be. If it brings us continued struggle we shall remain undaunted."

Toward the end of his nine-minute broadcast, he said:

"I feel that we may all find a message of encouragement in the lines which, in my closing words, I would like to say to you."

He then read from a poem given to him by his 13-year-old daughter, Princess Elizabeth, written by Minnie Louise Haskins.

*"I said to the man who stood at the Gate of the Year,
'Give me a light that I may tread safely into the unknown.'
And he replied, 'Go out into the darkness,
and put your hand into the Hand of God.
That shall be better than light, and safer than a
known way.'"*

He finished by saying, "May that Almighty Hand guide and uphold us all."



2022 – a New Year. So often we make resolutions or want to make a change and then we soon forget and all our plans and wishes are forgotten. Here’s an easy way to remember.

Fill in the gaps on the calendar to remind you what new things you would like to do in 2022.

- What are you looking forward to or hoping for this year?
- What new things would you like to try – a hobby, craft, activity?
- What new food would you like to try?
- Why do you think 2022 will be special for you?

Once you’ve filled in your hopes for the year ahead, stick on the calendar included in your pack and place this somewhere so that you will be reminded of new things you would like to try this year. Maybe stick it on your fridge!

This year I am looking forward to

.....

I would like to try something new this year

.....

A new food recipe I want to try is

.....

This year is special because

.....

I can do all things through Christ who strengthens me
Philippians 4:13

Stick calendar here

New Year Around the World

Chinese New Year

Cynthia Martin

Our son David, his Chinese wife and two children live in Hong Kong. We have visited around the time of the Chinese New Year, which is held at the lunar new year. In 2022 Chinese New Year's Day is 1 February, but the preparations for the festival start seven days before New Year's Eve. On 26 January 2022 Chinese people will be 'sweeping away the dust' during a winter clean of their homes, a symbol of bidding farewell to the old year. The festivities go on for sixteen days in mainland China but in Hong Kong most people have a three day extended weekend. During these public holidays the whole country seems to be on the move as people travel to spend time with relatives. Reunion dinners take place in vast Chinese restaurants with hundreds of diners around large circular tables, all generations together. Shops, public walkways, and the foyers of skyscraper

apartment blocks are decorated with big red Chinese lanterns and large pots of chrysanthemum, covered with shiny gold paper.



In this picture on the left you can see the pots in the background, under the blossom tree with its hanging red envelopes, known as red pockets. Employers and

apartment dwellers traditionally give a small monetary gift in the red envelopes, which come in lots of different designs. Everyone jokes that the concierge and cleaners are always hovering downstairs at red pocket time! The children dress up in typical brightly coloured, intricately embroidered Chinese cultural costumes. Money in the red envelopes is believed to bring good luck, so it is called lucky money.



Outside there are processions and displays of dragon and lion dances, with lots of banging of drums and Chinese instruments and at least two men under each costume, dancing down the shopping malls and in and out of the shop entrances. Crowds follow and applaud.



The moment New Year arrives there is a cacophony of firecrackers and downtown in Hong Kong Central huge firework displays.

Scotland

Alasdair Douglas



Looney Dookin' on New Year's Day at South Queensferry

Preparation for New Year's Eve New Year's Eve is known as 'Hogmanay' and is very much party time. But, before celebrating the New Year you must be sure to end the old year well. So, traditionally, a housewife would clean her house from top to bottom, taking good care to sweep out the fireplace. This would rid the house, and its inhabitants, of any burdens. Debts would also be settled.

First Footing First footing is widely practised. Just after midnight the doorbell rings. The ideal visitor to bring good luck would be a tall, dark, handsome man - but any friend or neighbour bearing a gift is warmly welcome. A piece of coal is thought to bring good luck and symbolises warmth for the coming year.

Midnight If you happen to be at a party, as midnight approaches everybody joins hands in a big circle and sings 'Auld Lang Syne' at the top of their voices with a gallop to the centre of the ring on the last verses. Drinks are produced and the New Year is toasted with much good cheer and the party continues!

Local Customs Many different local customs exist on Hogmanay and New Year's Day. In some towns the men take part in a highly energetic ball game played through the streets. In others, there are madcap fun events to raise money for charity. In many places, fire is a spectacular feature of the celebrations and is thought to date as far back as pagan pre-Christian Celtic times.



2 New Years in Russia?

Ros Simpson



When I was in Moscow for Christmas a few years ago, in the streets and shops there were many fir trees covered in what we would call Christmas lights but no banners saying Happy Christmas, but they said Happy New Year! That is because in the days of the Soviet Union, Christmas was not celebrated very much. Following the revolution in 1917, Christmas was banned as a religious holiday in 1929 and Christmas Trees were banned until 1935 when they turned into 'New Year' Trees!

The Russian New Year's Eve trumps Christmas in importance, with significant celebrations occurring all over the country in recognition of the holiday.

There are actually two New Year's holidays celebrated in Russia. Russia's "Old" New Year is celebrated on January 14th, 7 days after the Orthodox Christmas on January 7th. This is because the Russian Orthodox Church still uses the Julian calendar. This celebration is the smaller of the two New Year's holidays, and Russians usually spend the day with family.

The "New" New Year's celebrations occur as most would expect, on December 31st and January 1st. To celebrate this holiday, many Russians attend concerts or firework displays, with the largest located at Red Square. On December 31st, most families have a very late dinner including Russian salads, herring, and sparkling wine. A short presidential address comes on TV at 11:55pm local time in each of Russia's time zones, and the president reflects on achievements from the last year. At midnight, the Kremlin Spasskaya Clock Tower chimes and the Russian national anthem begins. Now is when the festivities really begin! Many Russians spend December 31st with family and only leave the house after midnight to see friends or enjoy New Year's Eve parties and nightlife.

January 1st is considered the "New" New Year since it was only recognized as a holiday once Russia switched from the Julian to the Gregorian calendar in 1918. New Year's Day is when the Russian Santa, Ded Moroz (Grandfather Frost), visits children to pass out gifts. Instead of elves, he brings along his granddaughter, Snegurochka (The Snow Maiden), to help him. Rather than having Christmas trees, families decorate a New Year's tree, called a Novogodnaya Yolka, and it is left up to celebrate both New Year's holidays.

"S Novim Godom!" (**С НОВЫМ ГОДОМ!**) Which means Happy New Year in Russian!

<https://culturalawareness.com/new-years-traditions-in-russia/>

A warming winter soup - Leek and Potato

Do you enjoy a smooth, creamy vegetable soup that is full of flavour? How about trying this recipe for leek and potato?

Ingredients for 4-6 people (remember you can make a large batch and then freeze in smaller portions).



Ingredients

1 Tbsp vegetable oil

1 onion sliced

8 oz / 225 g potatoes, peeled and cubed

2 medium leeks trimmed, discard outer layer, wash and finely slice

2 pints / 1.2 litres vegetable stock made with veg stock cube(s) & boiling water,

5 fl oz / 150 ml crème fraîche (if not available, use semi skimmed milk)

Finely ground black pepper

Method

Heat the oil in a large pan

Add the onions, potatoes and leeks

Cook for 4-5 minutes until starting to soften

Add the vegetable stock and stir well with wooden spoon

Bring to the boil

Season well and simmer until the vegetables are tender

Whizz with a hand blender or electric mixer

Reheat in a clean pan

Stir in most of the crème fraîche / milk

Heat through and serve, stirring in a swirl of crème fraîche to decorate plus a sprinkle of fresh herbs if you have some to garnish

You can make this into more of a hearty meal with plenty of bread and butter or soft rolls.

Love Life & Laughter

Thursday 17th February 2022



Meet with friends as you enjoy your gift bag contents and perhaps share the things that you love about life and that make you smile.

We will deliver our Gift Bag containing:

- Afternoon tea
- Activities & Crafts
- Interesting articles

There will be the opportunity to join our virtual community on Zoom in the afternoon

To book your place contact us with the following information:

- Name
- Full address and postcode of where to deliver your gift bag (your house or where you are meeting with your group)
- Telephone number
- Email if you would like to join us on zoom
- Any Dietary requirements

Contact us by email: caraway@caraway.uk.com

Phone and leave a message: 07535 164014

Please RSVP by Friday 11th February 2022

Wordsearch

(Based on Isaiah 43:18-21)

E	S	L	W	O	N	B	O	O	B	E	W
O	N	E	W	T	H	I	N	G	S	A	N
D	E	J	A	C	K	A	L	S	S	P	H
E	S	E	L	E	N	A	A	T	E	O	F
M	O	E	S	I	I	S	E	R	N	O	O
R	H	W	M	I	A	L	C	O	R	P	R
O	C	A	B	O	A	E	U	G	E	R	M
F	L	T	I	N	I	R	E	C	D	O	E
S	H	E	D	V	Y	T	P	M	L	V	R
S	T	R	E	A	M	S	S	N	I	I	P
A	D	R	I	N	K	L	L	E	W	D	D
T	F	L	T	F	P	E	O	P	L	E	A

ANIMALS	HONOUR	PRAISE	CHOSEN
JACKALS	PROCLAIM	DRINK	NEW-THINGS
PROVIDE	DWELL	OWLS	STREAMS
FORGET	WILDERNESS	WASTELAND	FORMED
PEOPLE	WATER	FORMER	PERCEIVE

HAPPY NEW YEAR!



W I H V V A X R N R Z G O A L S A Z Y F
 G R B K G Z T Y Z I Z Z J Q C O M P X B
 M D M B T B K T P X N S L T K C X X W T
 M I Q C R A E Y W E N O Z J K S K R N H
 L P D M V X P N Z J L O V Z V Y D Z Q G
 G P E X A X K O Q N C O U N T D O W N I
 F V Z N D S S M B P C Y W V F T W F B N
 T R S P S P A R K L E R S H Q T O J A D
 P J O L B Y V M S Y L N N N R C A F L I
 Y L P E N S K R O W E R I F Z N Y C L M
 X J K E B D P P G W B K N J U G J W O J
 W I S C F S F L D B R G P A J E X A O K
 Q S C A O W D J R M A W R T J H Q H N C
 F R Q K J N W P A R T Y P O P P E R S O
 K E P A U J F G X M I Z X R T S X K Q L
 V E N R I Y E E B G O Q Y I U P H K Y C
 Y H I S I R E O T J N O I T U L O S E R
 Q C S H A P P Y G T B O U V C D L R Z G
 R M Q G Q X Y B N O I S E M A K E R G F
 N A E N K V K T Y F H R R A Y R Y I A V

Countdown
 Confetti
 Midnight
 Balloons

Celebration
 Fireworks
 January
 Happy

New Year
 Clock
 Cheers
 Goals

Party Poppers
 Noisemaker
 Resolution
 Sparklers



New Year Honour

Awarded to _____



With Love

Dated this day: / /





Spot 10 differences

