

Let's spend a moment to thank God for spring time and the season of new life.

### OPENING SCRIPTURE

*Look, the winter is past and the rains are over and gone. The flowers are springing up, the season of singing birds has come, and the cooing of turtledoves fills the air.*

Song of Solomon 2 v 11,12. (NLT)

*Sow for yourselves righteousness; reap steadfast love; break up your fallow ground, for it is the time to seek the LORD, that he may come and rain righteousness upon you.*

Hosea 10 v 12 (ESV)

### PRAYER

Heavenly Father, thank you for the new life I see bursting forth all around. For the beauty of spring flowers. The boldness and cheerfulness of daffodils and tulips. For the nodding snowdrop heads and colourfulness of crocuses. Thank you for these reminders of your faithfulness and your gift of this new season. As the farmer sows his precious seed in the springtime in order to produce a crop to feed others, help me to be ever aware of the seeds I sow daily from the words I speak and from my actions. May they ever be filled with your love and grace.

In Jesus Name Amen.

### WORDS FROM SCRIPTURE

*Sow your seed in the morning, and at evening let your hands not be idle, for you do not know which will succeed, whether this or that, or whether both will do equally well.*

Ecclesiastes 11 v 6 (NIV)

*Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life.*

Galatians 6 v 8 (NIV)

*Those who sow in tears will reap with shouts of joy. He who goes out weeping, bearing a trail of seed, will surely return with shouts of joy, carrying sheaves of grain.*

Psalms 126 v 5, 6

### WORDS FROM THE HYMN

#### Keeper of The Garden of My Heart

Jesus, tender Lover of my soul,  
Pardoner of my sins and friend indeed,  
Keeper of the garden of my heart,  
Jesus, Thou art everything to me.

*Jesus, Thou art everything to me.  
Jesus, Thou art everything to me.  
All my lasting joys are found in Thee,  
Jesus, Thou art everything to me.*

What to me are all the joys of earth?  
What to me is every sight I see,  
Save the sight of thee, O Friend of mine?

Jesus, thou art everything to me.

(Author: Edward H. Joy)<https://hymnary.org/text>

### REFLECTION AND PRAYER

Let's think for a moment about the seeds we sow through our thoughts, words and actions. What would we like to reap a harvest of this year? Pause and reflect - what seeds should we sow to produce our desired harvest?

Heavenly Father help me to be aware of the seeds which I sow daily through my thoughts, words or actions. Help me to sow only seeds which are pleasing to you. Help me to protect my heart from those things which would grow and choke my desire for you. Through your indwelling presence I ask you to please keep the garden of my heart ever fruitful and pleasing to you. In Jesus Name. Amen.

### CLOSING SCRIPTURE

*Let us not grow weary in well-doing, for in due time we will reap a harvest if we do not give up*  
Galatians 6 v 9

## BLESSING

May the God of hope fill you with all joy and  
peace as you trust in him, so that you may  
overflow with hope by the power of the Holy  
Spirit. Amen  
*(Romans 15 v 13)*

Lord make Me an instrument of Your peace  
Where there is hatred let me sow love.  
Where there is injury, pardon.  
Where there is doubt, faith.  
Where there is despair, hope.  
Where there is darkness, light.  
Where there is sadness joy.  
O Divine master grant that I may  
Not so much seek to be consoled as to console  
To be understood, as to understand.  
To be loved. as to love  
For it's in giving that we receive  
And it's in pardoning that we are pardoned  
And it's in dying that we are born...  
To eternal life.  
Amen.  
*Prayer of St. Francis*

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**SPRING:  
A TIME FOR  
SOWING**