

Introductory sentences

*“Love the Lord your God with all your heart
and with all your soul and with all your mind.*

*This the first and greatest commandment,
and the second is like it;*

Love your neighbour as yourself.”

Matthew 22 v 37 – 39

Prayer

Put love into our hearts Lord Jesus – love for
you; love for those around us;
love for those we find it hard to like.

Bible Reading

Romans 8 v 35 – 39

*Who shall separate us from the love of Christ?
Shall trouble or hardship or persecution or
famine or nakedness or danger or sword? As it
is written: “For your sake we face death all day
long; we are considered as sheep to be
slaughtered.” No, in all these things we are
more than conquerors through him who loved
us. For I am convinced that neither death nor
life, neither angels nor demons, neither the
present nor the future, nor any powers, neither
height nor depth, nor anything else in all
creation, will be able to separate us from the
love of God that is in Christ Jesus our Lord.*

Reflection

Does it not stir your heart to realise how
much we are loved by God? Jesus proved this
when he died for us. Those of us who live
alone, who may not have family and friends
close by to demonstrate how much we are
loved, especially when Valentines day comes
round, maybe there is a wistfulness in us, but
God knows and he continually loves us.

Hymn

O love that will not let me go,
revive your loveliness in me:
I give you back the life I owe
that in your ocean depths its flow
may richer, fuller be.

Prayer

Lord of the loving heart,
may mine be loving too,
Lord of the gentle hands,
may mine be gentle too,
Lord of the willing feet,
may mine be willing too,
so may I grow more like you
in all I say or do.

Bible Reading

Ephesians 3 v 17 – 19

*I pray that you, being rooted and established in
love, may have power, together with all the
saints, to grasp how wide and long and high
and deep is the love of Christ, and to know this
love that surpasses knowledge –
that you may be filled with the measure
of all the fullness of God.*

Reflection

As far as we know St. Valentine was born in
Terni, Italy. Reputedly a bishop, he apparently
healed many people, but when persecution
once again happened in Rome he refused to
give up his faith and his love for his Lord.
Consequently, he was executed on 14th
February 270. It was only in the middle- ages
that he began to be associated with
Romantic love.

Hymn

Love divine, all loves excelling,
joy of heaven, to earth come down;
fix in us your humble dwelling,
all your faithful mercies crown.
Jesus, though art all compassion,
Pure, unbounded love thou art;
visit us with thy salvation,
enter every trembling heart.

Blessing

The love of the Lord Jesus
draw you to himself,
the power of the Lord Jesus
strengthen you in his service,
the joy of the Lord Jesus
fill your hearts. Amen.



www.caraway.uk.com
caraway@caraway.uk.com

Caraway
Spirituallly Resourcing the Older Person

God's Love