

*Hello friends*

*Do you like receiving presents? This month we celebrate the great gift God gave to the church when he sent the Holy Spirit. Jesus promised that when he went back to heaven, God would send another guide and comforter, the Holy Spirit and we remember the giving of this great gift at Pentecost or Whitsun. The Holy Spirit came to bring gifts to the church. Amongst others, these include the gifts of faith, prophecy, teaching, helps and wisdom. (See 1 Corinthians 12:8-10 & 27-30, also Romans 12:4-8 for the full list).*



*The Holy Spirit also grows fruit within each of us to help us become more like Jesus. Qualities such as love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Because of the amazing gift of the Holy Spirit, we have much to be thankful for.*

*It is our prayer for you that as you read through this prayer card, hopefully sitting somewhere warm and sunny, you will be able to bring to mind many things for which to be thankful to God.*

*With love and blessings  
From the Caraway team*



**Rev Canon Erica Roberts**

City Chaplain for Older People  
Southampton  
caraway@caraway.uk.com  
07535 164014