

Memory Cafés: Come and join us!

January 2024

All cafés are free, no booking needed and are for all living with dementia or concerned about their memory.

Week 1

ST DENYS MEMORY CAFÉ, St Denys Church Centre, SO17 2ND at 2 – 4pm on Tuesday 02/01/2024 for Conversation & Games – Dog Bingo & Charades

LORDSWOOD MEMORY CAFÉ, King's Church, 414 Coxford Road, SO16 5LL at 2 – 4pm on Wednesday 03/01/2024. Where we will take a trip down memory lane exploring London

Week 2

BITTERNE MEMORY CAFÉ, Ascension Church Café, at 2.30 – 4.30pm on Wednesday 10/01/2024. For a Friendly catch-up with Live Music & discussions on New Year, New Beginnings

WESTON MEMORY CAFÉ, Hope Centre, SO19 9JN at 2 – 4pm on Wednesday 10/01/2024 for a Friendly Chit Chat and Games with Sian and the nurseplus team

LORDS HILL MEMORY CAFÉ, Lords Hill Church, at 1.30-3pm on Thursday 11/01/2024. Where we will take a trip down memory lane exploring London

Week 3

SHIRLEY MEMORY CAFÉ, Make & Brew Café, at 2 – 4pm on Monday 15/01/2024 with Live Music from the Salty Sea Dogs

ASIAN FAMILY MATTERS, Vedic Society Temple Hall, SO14 0PS at 1pm to 3pm on Monday 15/01/2024 for a Friendly catch-up

ST DENYS MEMORY CAFÉ, St Denys Church Centre, SO17 2ND at 2 – 4pm on Tuesday 16/01/2024. Where we will take a trip down memory lane exploring London and Carers Corner

MAYBUSH MEMORY CAFÉ, Potters Court, SO16 4JA, at 2 - 4pm on Tuesday 16/01/2024 for Games - Dog Bingo & Charades

Week 4

BITTERNE MEMORY CAFÉ, Ascension Church Café, at 2.30 – 4.30pm on Wednesday 24/01/2024. We have an informative talk on Law & all it entails with Hannah Goodeve and we will take a trip down memory lane exploring London

LORDS HILL MEMORY CAFÉ, Lords Hill Church, at 1.30-3pm on Thursday 25/01/2024 for Singing Fun. This event is to be confirmed, please check on 07564 026471

For more details contact Caraway on: T: 07535 I640I4 or E: caraway@caraway.uk.com

Our Memory Cafés supported by Caraway & the National Lottery

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