

## Week 1

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ST DENYS MEMORY CAFÉ, St Denys Church Centre, SO17 2ND at 2 - 4pm on Tuesday 06/02/2024 for Craft & Games - Dog Bingo

THORNHILL MEMORY CAFÉ, Medwell Ct. Community Centre, SO19 6JS, at 2 - 4pm on Tuesday 06/02/2024 for Friendly Chit Chat with the Solent Admiral Nursing Team

LORDSWOOD MEMORY CAFÉ, King's Church, 414 Coxford Road, SO16 5LL at 2 - 4pm on Wednesday 07/02/2024. For group singalong from the 50's & 60's with Pete Harris

WESTON MEMORY CAFÉ, Hope Centre, SO19 9JN at 2 - 4pm on Wednesday 07/02/2024 for a Friendly Chit Chat and Games with Sian and the nurseplus team

## Week 2

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LORDS HILL MEMORY CAFÉ, Lords Hill Church, at 1.30-3pm on Thursday 08/02/2024. Where we will take a trip down memory lane exploring World Travel

BITTERNE MEMORY CAFÉ, Ascension Church Café, at 2.30 - 4.30pm on Wednesday 14/02//2024. For Valentine's special with Live Music and Cupids Indoor Darts

## Week 3

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SHIRLEY MEMORY CAFÉ, Make & Brew Café, at 2 - 4pm on Monday 19/02/2024 where we will take a trip down memory lane exploring World Travel

ASIAN FAMILY MATTERS, Vedic Society Temple Hall, SO14 0PS at 1pm to 3pm on Monday 19/02/2024 for a Friendly catch-up and advice from Wessex Cancer Trust

ST DENYS MEMORY CAFÉ, St Denys Church Centre, SO17 2ND at 2 - 4pm on Tuesday 20/02/2024. For gentle seated exercise with Chris Winter and our Carers Corner

MAYBUSH MEMORY CAFÉ, Potters Court, SO16 4JA, at 2 - 4pm on Tuesday 20/02//2024 for a trip down memory lane exploring World Travel

## Week 4

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LORDS HILL MEMORY CAFÉ, Lords Hill Church, at 1.30-3pm on Thursday 22/02/2024 for Singing Fun

BITTERNE MEMORY CAFÉ, Ascension Church Café, at 2.30 - 4.30pm on Wednesday 28/02/2024. We have a postcard from the Romans hosted by Bea Honeycombe Foster from Southampton City Council, Sea City & Tudor House Museums.

For more details contact Caraway on: T: 07535 164014 or E: [caraway@caraway.uk.com](mailto:caraway@caraway.uk.com)



Our Memory Cafés supported by Caraway & the National Lottery

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FUND**

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